

In the beginning



Book by Chieh Wu

This book is dedicated to God

You are my friend
my love
and the coolest guy I have ever met

I dedicate this book also to

My sister for teaching me patience
My parents for teaching me that I am still not perfect
Mrs Howard for being my mother
Dan for being the opposite of me
Karen for forcing me to start my search
Kim for letting me go
Ted for teaching me forgiveness
Andy for giving me the first phase transformation
Stuart for teaching me that feeling is a choice
Stacy for teaching me unconditional love
Cristina for teaching me how to let go
Xiana for help me finding the truth
John for everything
Tela for inspiring my chapter 12
Everybody for making me who I am today

And

You for reading this book

If I have not made this clear in the past, let me make it clear
now and forever.

I love you
Always

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Chapter 0

In the beginning

Foreword

How can something exist and *not* exist simultaneously? Even before we answer this question, what does existence mean? Just look around you, How do you know that what you see exist? They exist because you can see and touch them. Other people can also *sense* them. So you conclude that things exist. By taking a step back, we notice that existence denotes something that could be perceived. Now let's take another step back and ask what if we don't exist. Now all of the sudden they cannot be perceived because nobody is around to perceive them. Since the link of perception is broken, they now cease to exist. Let us ask the question again, do they exist?

Of course they do. They are obviously there. However, since nothing else is around, their existence is meaningless. It then becomes a question of "does nothingness exist when there is only nothing?"

Next, let us talk about the concept of *everything*. If we see *everything* as one thing, can *everything* exist? Since there is only one of everything, the existence of everything itself must be nothing. Nothing can perceive everything; therefore everything must not exist.

So let me ask the question again.

Can something exist and not exist simultaneously?

The point is that depending on your perception, something could always exist and *not* exist. If you think of only everything, its existence has no meaning. But if you think of what is inside everything, they must exist because you exist. Therefore, from this point on in the book, you can replace the word exist with *not exist*, or vice versa as you wish.

Along with the concept of perception, if anything could simultaneously exist and exist not, all adjectives related to the perception must also co-exist simultaneously. The good must also be the bad, while the beautiful must also be the ugly. All adjectives in this *entire* book are therefore nothing but *my perception*. You are welcome to replace any adjective as you see fit. They are all nothing but the illusions of our perceptions.

In this book, I am going to define god as everything. The word god has no specific meaning. I have purposely kept god as lowercase because it is just another word. I could have just as well defined *watermelon* as everything. From now on, when you see the word god, think of it as the oneness that can both exist and *not* exist simultaneously. Ultimately, my goal is for you to come to your own conclusion of what God is. This book will attempt to guide you to the conclusion.

The word *illusion* in this book also has a very specific definition. It is something that could be different due to time or perception. Perception itself is an illusion since no two people ever perceives the same thing exactly the same way. Things are illusions because they are not absolute. They may exist now, but they may not exist later.

The purpose of this book is not to teach you anything. As a matter of fact, the purpose is to teach you *nothing*, but instead, to show that you already know everything. The purpose of this book is also **not to** convert what you believe. I personally would prefer if the readers choose to view this book simply as a fairy tale. In the tale of the “Three little pigs”, nobody ever wondered why the pigs could talk. They simply just talked. Although I will attempt to provide as much scientific backing to my tale, pigs will talk in my tale as well.

Perhaps the biggest leap of faith in this beautiful fairy tale is the consciousness of everything. You are a conscious being, and you are a part of everything. Everything is therefore made up of an aggregate of all the individual consciousness. In this tale, I am saying that the aggregate of all our consciousness forms another global consciousness. It thinks just like you and I; and therefore our consciousness forms the parts of this single consciousness.

I hope you will enjoy the endless hours of thinking and headache this book will give you. Throughout the book, you will run into many contradictions. You will even run into what appears to be contradictions with what is written. They are built in purposely to show how contradictions can co-exist.

Although this book claims to answer every question you will ever ask your heart, it is nothing but a formula. Just like Einstein's formula relating mass and energy. The formula may seem simple, but there are really infinite ways to realize what the formula implies. It is up to you to perform the implementation as you wish. Nothing is absolute in this book except the fact that you are you.

While reading this story, many people will immediately ask "who I am to make statements about god?" "How do I know all these?" "What kind of a backing or researching have I done to make many of the incredulous statement?" I will answer this question now.

I am nobody

I am the wind, the water, the sky and the stars

I am you looking at myself and reading my thoughts

I did not know anything before I write the book, because it was not my idea to write it. I simply sense energy and attempted to describe that energy the best I can. I will fail to describe the entirety of that energy in this book. People will argue this book forever just like how they argued the bible. But my goal is to capture the glimmer, even if it might seem impossible to make everyone see what I see. My joy is in writing and creation, not in convincing people of anything. Like I have said, do read this story as a fairy tale. It is just so much more fun that way.

Chieh Wu

Oct/22/2005

Chapter 1

In the beginning

You have been convinced that if you do not understand

You are not meant to understand

Rather I say that you already know

The teacher is simply incompetent to help you remember

In the beginning, god is god and time does not exist. Time does not exist because it never did and it still does not. As professor Einstein has proven in his theory of relativity, time is nothing but an illusion made by humans. Time is nothing but a measurement of your movement in space. You move from your room to your kitchen, how do you know you have moved? This is because you remember a time when you were in your room. Your movements are measured in seconds, minutes, hours, or any other measurement invented by some bright guy. As you walk towards the kitchen, you remember where you were each second and how you arrived in the kitchen. Your memory tells you that you have moved through time even though you really moved through space which you use time to measure. So in reality, time is nothing but a tool humans use to measure how things have changed.

However, this tool we call time is useless to god since god cannot move. God cannot move because he was everything and therefore she was everywhere. If you are in your room and you are also in your kitchen, you cannot move to the kitchen since you are already there. God also cannot change from one to another since god was already one and another. He is even what he is not because he is everything.

So if we get back to our point, since time does not exist, there is no past and future. There is only now. Since god is everywhere, god is here.

It is at this very moment that god created you, and it is at this very moment that you die. It is at this very moment you suffer the pains in your life, and laughed at the joys of life. This is why people sometimes say that they see their entire life flash before their eyes. At that very instant, they experienced what god sees *all the time*.

Since time did not exist, nothing came before god and nothing comes after. This is why god is the beginning and the end, the alpha and the omega.

If god is everything, it would be logical to ask if we are god too. Since god is everything and we are *something*, we must also be a part of everything. You might wonder how that could be, since we are so full of imperfection. If god is perfect, we must not be god most people would logically conclude. But wait, this answer just doesn't feel right. If god is everything, and we are part of everything, we must be a part of god. Yet no part of god can be imperfect. So what is wrong?

It seems that we have two contradictory statements both of which appear to be true.

1. We are part of god since god is everything. Therefore, we are perfect.
2. We are imperfect

If you have the choice, which statement would you bet to be wrong?

Since god can do anything, god can also be anything. A god that cannot do and be everything will violate the fact that god is infinitely everything. However, can we not be a part of god if god is everything? We cannot be because everything is inclusive of everything. So that leaves the error to the second statement. We must be perfect, and therefore god?¹

This statement probably will seem absolutely absurd, since I am jumping ahead of *time* with the story I am about to **remind** you. The reason why I said remind, is because time does not exist. I have already told you the

¹ Sherlock Holmes once said that if you have eliminated all the impossible, whatever is left however improbable it might be must be the one.

story, you simply don't remember. As a matter of fact, it was your story and it was you who told me the story.

In the beginning when god is god and time did not exist. God is everything which means that god also must be nothing. Since god is god, god cannot move, god cannot talk to anyone except to god, god does not require food, and god does not need anything. So god did the only thing it could do. God thinks.

God thinks about beautiful things, such as the sun shining on his face, a kiss from a boyfriend, and making love on planet mars. Yes, god has thought about all of it, every combination, and missed nothing.² Even the thoughts which we call evil did god spend enormous amount of energy contemplating. The sun, the kiss, and evilness of course did not exist, but god thought about it.

By a simple act of contemplation, god knew everything and missed nothing. After all, from our human perspective, god had all the time in the universe to contemplate. Although god knew everything, there was one single answer that god could not reply to her satisfactory. What is god?

God is everything and god knew that.³ But by knowing this fact doesn't make god something. Knowing doesn't make you **be** someone or something, only being could make you be anything. So god answers the question of to be or not to be.

Do you see how beautiful this is? Without being something, you are being nothing. By being nothing, you are nothing and therefore you cannot exist. This is the beauty, unless god is being god, god cannot be god.

But how can god be god when there is only god? Without comparison, god cannot be perfection and therefore god. If there is only one, this one is the most perfect and the least perfect simultaneously. So

² If god is a set of real numbers, zero must also be included. This means that if god is everything, god must also be nothing.

³ According to information theory, the amount of information transferred is related to the inverse of the probability. $I = \log 1/p$. So the statement that god is everything tells god nothing.

everything is really just relative. This idea of relativity became a question that god answered.

Although god didn't have any comparison, god still chose to be. The only way that god can *be* is through the experiences of what god is. Since god is everything, god must also *be* everything and be in every situation. God must experience everything to answer the question of what god is. God must continuously experience everything to be god.

God blessed the decision to create everything god knows to be. It is in this decision that god finds joy and equilibrium. God finds equilibrium in creation because it is an endless cycle that never ends. It is a cycle because god can always create, break down, and create again. Through god's creation, god can experience god through what she has given birth to. From this decision, god became the creator of everything,

From this decision, god created the physical world we know today. God created matter. At this point, some people might accept that somehow god just created matter out of thin air. After all, god is god and god can do anything.

But for the people that believe in the conservation of matter, let me further explain how god performed what seems to be a magic trick. The truth is that we humans already know how to create matter. God blesses Professor Einstein for remembering his famous equation, $E = mc^2$. (This is read equals m c squared)

E is energy which is god since energy is part of everything

m is matter

c^2 is the speed of light squared. The speed of light is 3×10^8 meters per second.

From this equation, Einstein proved that energy is matter and matter is energy at a different state. When we put a lot a lot of energy together, we form matter. We have seen from our atomic bombs that a small amount of matter can generate enormous of energy. (90,000,000,000,000,000 is a very large number for a constant) This has been obviously felt during WWII when America dropped this energy on Japan.

Now if you were to perform the same thing backwards, when you gather enough energy together, you will form matter. Since god is all energy, god simply oscillates herself so fast that matter was formed. To god, this is no harder than you eating a cheeseburger.

The matter that god created was a very different matter from the matter we see everyday. What we see today is really not matter but mostly empty space. To be more precise, only 2% is matter, 98% is really just empty space. If you remember what an atom looks like, you have the nucleus and the electron cloud. Even though the electron cloud forms the atom, the cloud is mostly empty.

Some people might wonder, if everything is really just empty space, why can we not go through walls or put our hand through a table? This is a very good question and quantum mechanics has explained this thoroughly. The answer is that you *can*, except you would have to be very lucky. Without going into the mathematics of quantum mechanics, I will explain this so that even a 5 year old may understand.

Imagine a fan. Yes, the same type of fan that you use during a hot day. Now make the blade of the fan really small so that you see mostly empty space. Since it is mostly empty space, you can stick your hand right through the fan easily. However, let's start spinning the fan faster and faster. Now the fan is spinning really fast. Are you going to be able to stick your hand through it? Probably not since you might get your hand cut off. This is the same idea except you have electrons colliding. The electrons are going around the nucleus at the speed of 40,000 miles per second. They are so small they won't cut your hands off, but you are also not likely going to through the table.

So as I was saying, the matter that god created was not the same matter that we see. The matter that god created was matter with all space taken out. The entire universe was but the size of a pin head. Yes, as incredulous as that might sound, the entire universe was only as large as a pin head. If you don't believe it, ask the physicists today. They will claim that

the original size was so small that it is zero. Professor Hawkins⁴ will be able to prove this to you mathematically.

If we look at the universe from this perspective, everything and everyone you have ever come in contact with was this pin head size matter. You were everywhere inside the pin head, and so was everyone else. This includes god. God was the pin head, and god was everything not the pin head.

At that time, you were the pin head, but you were also me. You were also the sunshine in the sky and the rainbow above the clouds. You are the kiss that changed the universe and the face that launched a thousand ships. You were everything in the universe and everything that will be the universe. Except at that instant, you did not exist and “me” did not exist. Only we existed. Of course, we didn’t call it “**we**” because “**we**” meant something plural. There was only I.

If it has been scientifically proven that we were once so close to each other, we *were* each other, why would we hurt each other? In another sense, hurt ourselves? Of course, we won’t hurt each other, and we can’t hurt each other. There is only I that I can hurt. Since I am god and perfect, I will have no reason to hurt myself. However, just look around you and you will realize that we are all hurting each other. So what happened?

I am jumping a head of *time* again because time doesn’t exist and you already know why. I have already told you why, I am telling you why, and I have not told you why. This probably will not make sense to you right now. This is because most of you will probably not remember; because that *was* and *is* the plan. So I will remind you why.

After god created the physical world, god also created the spiritual world. Wait, or was it the other way around? Wow, it has been so long that even I don’t remember.

Just kidding, I was making sure if you were paying attention. Since time did not exist, god must have created the physical world and the spiritual

⁴ Professor Hawkins is currently the most famous theoretical physicist in the world.

world at the same instant. And this same instant is now as you read this book. Confused?

When god created the spiritual world, **she** created multiple, infinite copies of **himself**. Each one of them is god and together they are god. This is almost like putting an eye on your finger so you can look at yourself. God wanted to know who god is so god allowed parts of god to turn around and look at god. Beside observation, god also must experience. The goal was to use the infinite copies to individually experience the infinity of what god knows. They are allowed to do anything they choose to experience everything they desire. You see, it is this feeling that god desires; the experience of what god knows. Like you have said, god already knows everything; god is simply experiencing it to be god.

The only difference is the energy content. When god split herself, she is splitting her energy among god. Individually, they don't have the same amount of energy as the total. The great paradigm here is that the split of infinity is still infinity especially when the energy was never split. The energy itself simply made certain regions denser than the rest. So the split of god still has infinite energy because the infinite energy itself was never really split. This concept is important because it reminds us that the split of god is no less perfect than the sum. Today we call these individual energy units spirits.

Obviously, there is an inherent problem. In order for god to experience something, god must go through the process of change. Something must be different. But this cannot be because god already is. You cannot become something when you are already that something. You cannot go through the process of change if you have already have changed.

There is nothing but god and therefore god cannot be compared. Without this comparison, no change can ever occur. You see, you cannot be high if low does not exist. If low does not exist, high all of the sudden becomes both high and low depending on your perspective. Do you see the inherent problem? By simply splitting god, it is not enough; they are still individually god so what good is that? God has no basis for comparison because there is nothing but god. Without this comparison, god cannot experience.

Wow, does this mean that there is something that even god cannot do? This question became the basis for Einstein's theory of relativity. Depending on your perspective, anything could be high or low. Anything could be left or right. Anything could be good or bad. Anything could be anything so there really is only one thing. This one thing which physicists call singularity is god.

The answer is no, there is nothing that god cannot do. God is rather clever and he figures out a way. God created relativity, the same relativity which Einstein discovered. It was the greatest gift that god gave herself. Thus, relativity is the greatest gift that god gave you; a reference to which you can define who you are. It is when you define who you are, you define what god is. From this, god knows that in order for love to exist, its opposite also must exist. Voluntarily, god created the opposite of love which is fear. At the moment that fear exists, love could exist as a thing that could be experienced.

This creation of relativity for the co-existence of opposites is called the dichotomy of god. It is within this great dichotomy, humans created the concept of evilness. It is only an illusion that if left exists, right must exist, if high exists, low must exist, if good exists, bad must also exist, if god exists, the devil must also exist. This is only an illusion that's part of the plan for the change that god so much desired. If god is pure love, we cannot remember that we are pure love without knowing that we are not its opposite. It is only when we have felt evil that we realize that we are not evil. In god's world, nothing is good or bad; there is only god which encompasses everything.

Since the creation of this duality, humans attempted to explain this duality through mythologies; the fall of Adam, the rebellion of Satan, etc. These mythologies are simply attempts to explain the cosmic occurrences which the soul is deeply aware, but the mind cannot conceive.

We even made up the concept of hell as opposed to heaven. We made elaborate stories about the battle of good and evil. We make stories about how some people will go to hell. The truth is that hell and devil only exists in our mind. We are god of our universe. If we choose for hell and devil to exist, hell and devil *will* exist. If we choose to go to hell, god will never interfere with your free will. Hell will be just as good, or as bad as you have imagined. Devil is the creation of the collective conscious. As a group,

we have created the devil, as a group, devil will exist as a reality of our universe.

Hell is simply a place where you deny your identity. Your identity as god and pure love is the only truth that exists in the universe. If you choose not to be in the presence of love, you have the free will to choose to be without love. This sense of loveless is the worst hell itself. The only way you will end up in this hell is by denying the existence of god. Therefore, denying you own identity and the sense of love. A man once spent his entire life hating god. He went to heaven because he believed that god existed.

Here I go again diverging from the story. It is difficult to tell the story of god without talking about everything else. Everything is just so related that everything is everything else.

So as the story goes, god created relativity so the individual spirits can see a difference between love and fear. Through experiencing these two elements the spirits will remember that they are god because they are not evil.

The next problem that god faced was the concept of time. As I have mentioned that time does not exist in god's world. But without time, how do you justify moving something from left to right, low to high, or even fear to love? Without this movement from one to another, the process and experience cannot occur. Even now that we have the theory of relativity, good will always stay good and bad will always stay bad. What good is that? What a big problem god had. Being perfect and everything means you are already anything.

But obviously god solved this problem because you are reading what I am writing, **right now, at the appointed time**. You are following the illusion of change. When you have finished reading this sentence, reading the last sentence will be just an illusion in your memory. You never read the previous sentence; you only *remember* that you have. Other people might also remember that you have, but it cannot be proven except in your memories. You may go back and re-read the previous sentence, but everything before now, you will remember. What you remember is all just a beautiful illusion. It is a magic trick that you and I and god decided what it seems to be a long time ago. Although it was not a long time ago, it is right now. Actually, it was literally *your* idea that you will be reading this book at

this exact moment, this sentence at this exact instant. You simply forgot because this is *your* plan. This is the beauty of god and our universe. Nothing in god's world is an accident. God can predict your future even though you have a free will. Yet, nothing in god's world is a paradigm. How? Be patient, I will remind to you the *plan* you told us.

Chapter 2

The illusion of change

People like us, who believe in physics, know that the distinction between past, present and future is only a stubbornly persistent illusion.

Albert Einstein

So as I was saying, god must somehow create the illusion that changes have occurred. Since god created relativity, good is good, and bad is bad. Ok is just ok and everything in between good and bad existed just as everything in between good and bad. God can go from one to another because god is already one and another. In the spirit world, which is more similar to god's world, experiences could be felt instantly. The concept of time cannot exist because everything is immediate. So it doesn't make much sense to create time in the spirit world. However, the illusion of time could be easily created in the physical world. How? You can create the illusion by moving the spirits from universes to universes that appear to be different.

God creates an infinite amount of universe, with every one just a little different from the previous, which became the basis to all changes. Just to give you an idea on how many universes god created. If you rearrange all the atoms in the universe, you will have $2 \cdot 10^{118}$ permutations. (You can check this number yourself) Now if you start adding the forever expanding space into the permutation, you will get a glimpse of god's awesome power.

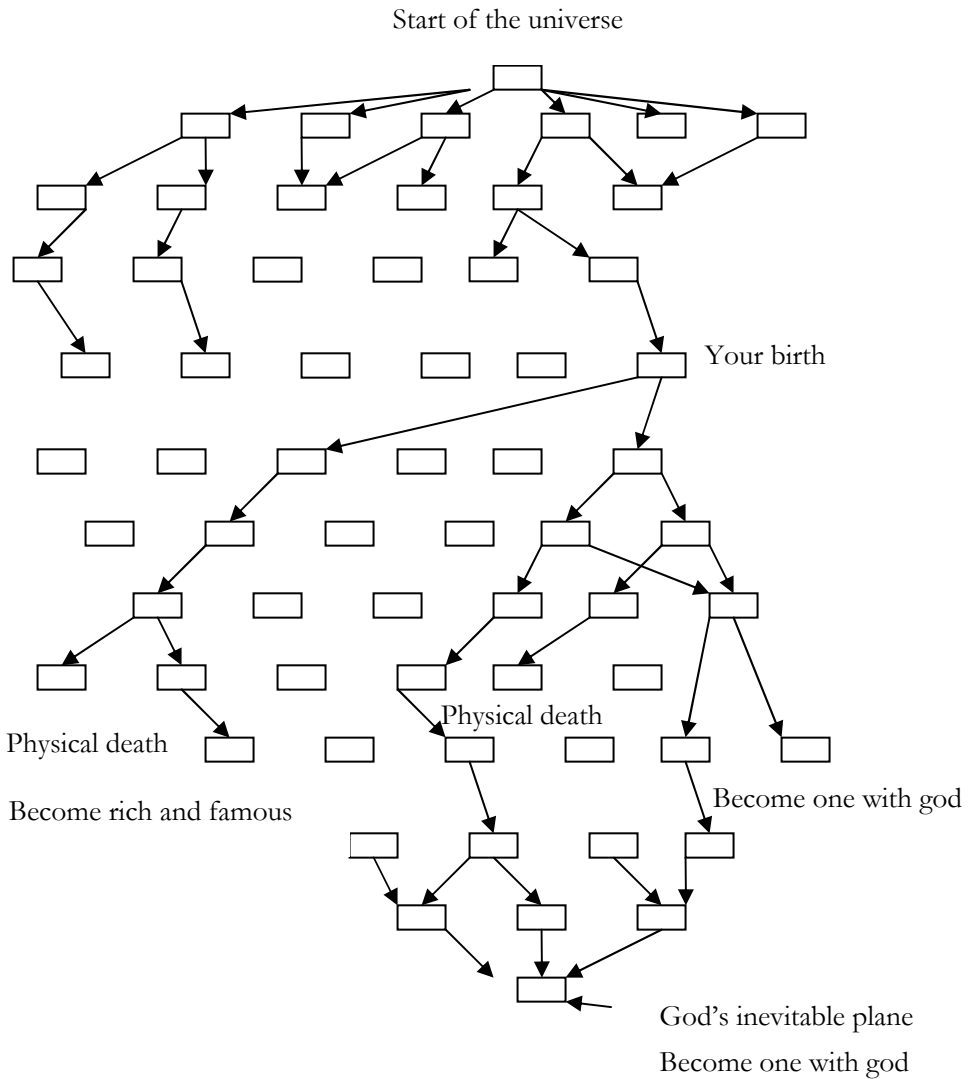
If you do not have a mathematical background, all of this might seem rather absurd. Actually, you might not have a clue as to what I am talking about. So I will explain this in several ways. Let's use the instant you wake up. Between the time you wake up and the time you open your eyes. You have traveled between many universes. You have not opened your eyes; you simply traveled from a universe with your eyes closed to a universe with your eyes open. In between opening your eyes, you have traveled through all

the universes in between. Your free will decided which universe you travel next. God has already mapped out every path you will and can take. You simply make the decision.

This is why time is only an illusion to cause you to think that things have been changed. Nothing changed, everything already existed. Every combination of your future already exists but you decide which path you want to end up taking. This is why I keep saying you already knew everything. At this instant, there is a universe which you do already know. You are here right now. But you are also in your past and future simultaneously. There is a universe that you are eating, sleeping, making love, and killing innocent babies. Every combination, everything you could possibly be doing is already mapped out by god. You simply pick which path you want to take. This is the power of free will which god has given us. Without free will, there will only be one path, god's will. With free will god is not bounded. Do you see how beautiful this plan of yours was?

Just as an aside, although there are infinite paths, every path eventually leads to god. Everything will eventually converge into one. Since god is such a large target, if you are aiming for god, you simply cannot miss forever.

The next page shows a diagram of how the matrix works.



Each box in the previous figure is an entire universe. The infinite combinations of your future are already mapped out before your feet. Your awareness simply jumps from one universe to another. As you can see that some paths you choose will lead you to death, while other ones will lead you to rich and fame. This is the matrix and you have created it. This is why it is called a matrix. It is a matrix of infinite universes. This is why people can predict your future yet you have a free choice simultaneously.

This is how people are able to predict the future. They are all prewritten. The famous prophets of the past simply saw what will likely happen if the people and the society continue its current trend. They didn't see the future, they simply say what universe we will likely end up. The game of life is completely up to you, you control where you will end up. You even control where other people will end up. You are the god of your universe. There is only one exception. No matter what path you take and how many times you reincarnate, every path converges to one path. That is the path to god. This is god's plan.

At this point, I must also point out a completely contradictory idea to what I just claimed. This is the beauty of the great dichotomy, apparently contradictory ideas can co-exist having both be true. After spending much time explaining that you have a free will to whatever universe you choose, I am now going to tell you that you *do not* have a free will and everything is really up to fate. Does this sound odd to you that you can simultaneously have and not have a free will? Even though you have a choice, it then becomes a question of probability. You have a free choice to leave your job, your family, and go search for the truth in the deep mountains of China. Even though you have a free choice, you are not likely to choose that universe. Even though you have the choice for change, you are not likely to do so. Do you see how this works? If you have a million future universes where you live a normal life and one which you take over the world; you are likely to end up living a normal life. As a matter of fact, most people end up living the path that has the highest probability.⁵

This is a very useful tool for karmic reasons. If you had killed somebody in a previous life, you might feel the need to suffer the pain you have caused. So you set up a *probable* scenario where you will end up being killed in this life time. I definitely need to make it clear that nobody is making you do anything. You do not have to setup a life where you would be killed. You are not being punished; no body will ever punish you in the spirit world. Even after you have set up a life, you can choose away from the experience. The purpose of karma is not punitive; it is for you to experience. Anytime during your life, you can choose not to experience even the purpose of the current life. This is your free will.

Do you now see why everything is just an illusion? Do you see how time doesn't exist? Nothing is changing. We are simply looking at one

⁵ In probability this is called the law of large numbers.

universe at a time and pretend that the rest doesn't exist unless we already have visited them. Let us take a second and presume that you somehow remembered that you are god. Since you are god, you are able to look down at every single universe of every person ever lived. You can see their past, present, and future all in one single glance. You can stick your finger into any one of the universes and people would think that a finger just popped out of thin air and disappeared. To be more creative, you can stick your finger into a couple minutes worth of universes while shining a flashlight. So the people in the universe would think that a mysterious shining finger just appeared. They will think it is a holy finger.

The point here is obvious. Now that you understand where god is in relation to us and our universe, god can do some pretty magical things easily. God can see and predict our future. God can see every movement, and every breath. This is not because of some mysterious supernatural power. God simply lives in a kingdom where performing miracles are rather easy. God lives in hyperspace.

Chapter 3

Hyperspace and Parallel Universes

I just spent the last chapter explaining to you how *you* have designed infinite universes. You are the creator. You might feel that only mystics and crazy spiritual people would believe this, but this is not true. The concept of having infinite parallel universes is not a new idea even for scientists. Many scientists in the past have conjectured the possibility of living in a multiple dimensional universe. Even science fiction novels talk about the possibilities of traveling between universes with wormholes. All of these are possible. Not probable, but possible. Remember that science and god are not independent of each other. Although people always saw the separation between science and religion, this is only because religion refused to innovate in fear of losing power. The truth is that god created all sciences, science is not a tool to disprove god. Science is an inevitable tool to eventually prove the existence of god.

Theories regarding to multiple universes were proposed from time to time, however, the idea never made into the popular science until the past thirty years. The reasons were obvious; the concept of multiple universes cannot be tested. How are you going to see the tenth dimension? It's not like we can just take a field trip and have a picnic in a parallel universe and come back. Therefore, it cannot be proven true or false. If a theory cannot be proven true or false, the theory is considered useless in the scientific community.

Most scientists at the time inevitably concluded that dimensions beyond what we see don't exist. Disadvantageously, this logical but false conclusion is the biggest stumbling block for us. By making this conclusion, we are assuming that we can see everything when in fact this is not true at all. Our world is only known to use by our senses. We can see because of our eyes, hear because of our ears, smell because of our nose, and feel because of our touch. But we cannot see everything. Out of the entire electromagnetic spectrum, we can only see the visible light. This is a very small frequency

range out of the entire spectrum. We cannot see infrared, radio waves, x-rays, and everything else outside of visible light. Although we have proven their existence, we cannot see x-rays. So if you were to talk to people a thousand years ago about x-rays, they would simply laugh at the absurdity of the topic. This same concept goes with smell and hearing as well. We all know that dogs have much better smelling and hearing capability. There is an entire world that our bodies neglect to sense, and therefore is completely unknown to us. There are so many intelligent creatures living among us right now. We are energy in a dense form called matter while these creatures exist in a different density. There are many accounts of people seeing Elves. These people when treated for a brain scan tend to have a higher energy output of the brain. For some reason, some people's biology allows them to receive more information from the universe than others.

How the scientific community finally came to the realization of higher dimensions and multiple universes is a long story. But I will tell it briefly starting with Columbus. Yes, I want to start with Columbus because he is the person that convinced the world that the earth is not flat. Before Columbus, people believed that they lived in a two dimension world. A flat earth is a two dimensional world because we can only go in two directions. We can go along the x axis and the y axis.

If we had lived in a small tunnel, we would have lived in a one dimensional world because we only had one direction to go, **straight**. So I guess in a way the cavemen lived in a one dimensional world. When the first cavewoman left the cave and saw the world, that cavewoman probably became the Columbus of that time. Of course I am assuming that cavemen never leave their caves which are completely untrue. But please do go along with my idea for just a little while. The cavewomen must have had a heaven of a story to tell her friends all the things she saw. Instead of going only straight, the cavewoman would have excitedly explained the concept of turning *left and right*. At this time, the other caveman would gasp at the thought of turning left instead of going straight; it would be ridiculous to accept.

The cavewomen would make even more wild claims that nobody would believe. Not only could the people turn left and right, the caves themselves could also turn left and right. This means that the space they know bends as well.

At this time, the biggest mystery among the cavemen was the concept of moving walls. At very mysterious areas, the cavemen would go straight, but one side of the wall would get closer and closer to the walking cavemen while the other side gets further. The elder cavemen at the time would explain that the walls are magical and would move when trespassers go by. Many other elders would explain that the walls are attracting the walking cavemen so they are actually walking closer and closer without realizing it. The cavewomen at this time would say that the reason is because *the cave is turning*. When the cave turns, you are going to run into the cave if you keep going straight. It is not a magical moving wall the cavewoman would proclaim. For this wild claim, the elders for the fear of losing power called the cavewoman a witch. For spreading false rumors about their world, she has committed heresy. The elders killed her.

This cavewomen, by the way, is very similar to mathematicians today that talk about the bending of light and space as well as infinite universe. The cavewomen realized that what appeared to be magical was a simple question of geometry. The cave bends and you hit the cave. The cavewomen would have realized that the cave was not the world, but inside another world that had many other caves. This magical wall can be compared to our gravity today. Our gravity today is not caused by some magical attraction. There is no attraction at all; the space is simply bending towards the earth. You see, we are all going straight like the cavemen in the story. The only difference is that instead of going straight in the tunnels, we are going straight in time.

Like the cavemen that are restricted by the path of the cave. We are restricted by the path of time. Because we are going straight in time, when we jump we will eventually hit the earth just like how the cavemen hit the wall. The key point to take here is that many unexplainable phenomenons we experience everyday only appears to be magical because we assume that our world is only three dimensional. If we realize that we simply lived in a higher dimension, everything could be explained. This includes scientific and mythical phenomenons. Many laws of the nature could be explained and unified with simple equations. Many paranormal phenomenons could be explained by the fact that they exist in a different dimensions.

Understanding this concept, do you see how our world is just like a cave? We think our entire world is the cave, but the reality is that our cave is only one among many. Our universe is only one single universe among many just as well. We are going through the illusion of time because we are

jumping from one universe to another. Our soul already plotted out all the universes that we could go; our mind is deciding where we go next. At this very moment, your mind is deciding where you want to be. Your mind is deciding who you want to be. Your mind is deciding which universe you want to end up next. Your mind is deciding everything. This is the power of our mind. We think that we are living in one universe, but we are actually constantly traveling between infinite universes. Like the cavemen, we simply don't realize that there are other caves outside of theirs.

So if I return the story back to Columbus, he changed our perception of the world forever. But it was not until a hundred years later that Newton actually defined the three dimensional space with his laws of physics. After Newton's physics, the scientific community actually claimed that the study of science has ended! After Newton, the world was really convinced that the world consists of only three dimensions. This was a mixed blessing. It was a blessing because people realized that they don't live in a two dimensional world. It was a curse simultaneously, because people were really convinced that the world is three dimensional. Once people's minds were set, other scientists that proposed high dimensional theories were ridiculed.

People didn't take higher dimension seriously because "you can't see it." After Columbus and Newton, people realized that we are living in a three dimensional world. It was a simple fact to accept because every body can picture going up and down as the third dimension. Although people cannot just levitate up or down, there were other means to get above other people. Birds can move in the three dimensional world freely. All these are easily acceptable. But any dimension beyond the third is impossible to be observed. This is why it took a while before some body else was brave enough to propose a higher dimension world with backups.

His name is Riemann. Many of us would recognize his name from our calculus class. The Riemann sum that formed that basis of integrals was named after him. Some of us might confuse him with the ramen noodle, but they really have nothing to do with each other. The greatest contribution from Riemann was the metric tensor.

This is the metric tensor

$$\begin{pmatrix} g_{11} & g_{12} & g_{13} & g_{14} \\ g_{21} & g_{22} & g_{23} & g_{24} \\ g_{31} & g_{32} & g_{33} & g_{34} \\ g_{41} & g_{42} & g_{43} & g_{44} \end{pmatrix}$$

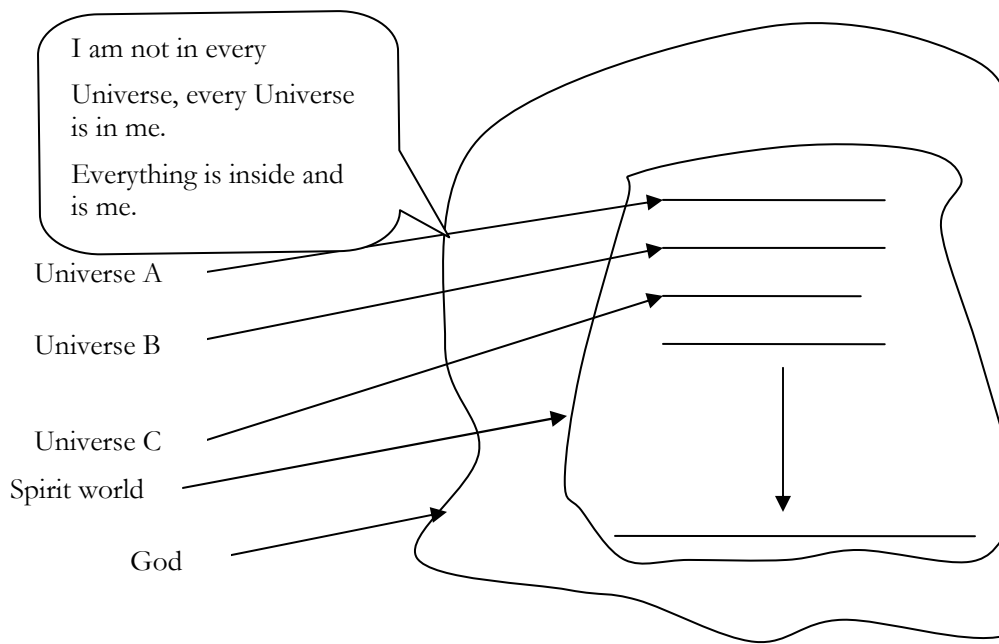
As hard as it might believe, Riemann's metric tensor contains all the information necessary to describe any dimension mathematically. No matter how the space bends, this metric can describe the precise characteristic of the bending space. The discovery was a quantum leap in the study of higher dimensional geometry. It was a step closer to see what god sees.

It was only because of Riemann's metric tensor that Einstein was able to mathematically describe his space and time. It was Einstein that moved us out of the third dimension and proved Newton wrong forever.

So if higher dimensions exist, where are they? Most scientists would tell you that it is too small to measure. To be more precise, it is so small it is Plank's length. (10^{-33} Centimeters) In a way, they would be right that higher dimensions are extremely small. But I will tell you the opposite and still be right. The higher dimensions are simply too large to be measured. To better understand this concept, I want you picture an infinitely thin paper in a large room. This piece of paper is our universe while the room is a higher dimension. Do you see how the infinitely thin paper is infinitely too small compared to the room? So even if we use our entire universe to measure the room, our entire universe is still infinitely too small, and too inadequate to comprehend the room, much less the house or the entire town. So in a way, our universe is simply too small to measure the higher dimension that is too large.

At this point, I also want to point out how it is possible that god exists simultaneously in every single universe and everywhere. From the following diagram, it is simple to see that everything is inside god. Check out how every universe is inside god. So god is everywhere. Since everything is inside god and everything must therefore also be god. You too, also must be god. Do you see how beautiful this is? From the beginning we stated that god cannot change because god already is. But god is simultaneously changing

because of us. We are changing god, and we are redefining god every moment of our life. You are god and the fact that you are you, you are defining god.



Before I get too side tracked, I really should continue with the story. Although Einstein shattered Newton’s universe of three dimensions, something else came that questioned even Einstein’s universe, the discovery of quantum mechanics.

It was a theory that shocked the entire science community. Everything about the theory opposed Einstein’s version of the universe.

Anyone who is not shocked by the quantum theory does not understand it.

Niels Bohr

It was a theory based upon probability and a rather ugly one too. Every student that has calculated the probability to escape the quantum well would attest how much math is required. Compared to the beautiful and simplistic theories proposed by Einstein, the quantum theory was a mess of calculations. Much to Einstein's chagrin, the quantum theory was amazingly more successfully tested than Einstein's relativity. So what is going on? How can two fundamentally opposite ideas co-exist?

After having explained to you the divine dichotomy, this is a perfect example that the dichotomy had created. Everything must have its opposite although they in reality are all one. So what is the merge of this one singularity and the unification of all science? Einstein spent the rest of his life searching for the answer. Einstein died before he had the chance of finishing his final masterpiece.

Many young theoretical physicists followed Einstein's trail for the unification theory. Before long came the string theory. It was a theory that compromised Einstein's universe with the quantum mechanics. Within the string, both Einstein and Heisenberg can co-exist in peace.

According to the string theory, everything is a string. The strings could vibrate in two ways, clockwise and counterclockwise. This is the original dichotomy. Do you remember how in the first chapter we talked about god creating matter? God created matter by vibrating himself very similarly to how the strings vibrate clockwise and counterclockwise. God could have vibrated only one direction, but the dichotomy would not have formed. So god vibrated herself in two directions. Both vibrations live in higher dimensional space. The clockwise vibration lives in a ten-dimensional space while the counterclockwise vibration lives in a 26-dimensional space. The exact reason why god picked 10 and 26 is because it was the necessary vibration required to create the world we know today. Any other vibration would have made it different.

I hope I have impressed upon you the importance of higher dimension in understanding god as well as the future of theoretical physics. The string theory is currently the most robust theory that concurs also with spirituality. It is supposed to be the final theory and the Holy Grail of science.

Fortunately, with the raising of string theory, the scientific community is finally accepting the idea of multiple dimension universes. Understanding that there are infinite parallel universes will allow us to solve many of the greatest mysteries in the world. It also allows us to begin to understand how time travel is possible by god. We can travel to the future or the past simply by jumping from one universe to another.

It was within the mist of infinite universes that the matrix was created. The matrix is a set of rules that decides which universe the soul goes next. The matrix is the law of cause and effect. The matrix is the relation between each universe.

The idea of the infinite universes is the matrix that everybody suspected. God created the matrix and we go through the matrix from state to state. To be a little bit more mathematical, we are in an infinite matrix of universes. The transitional matrix is the law of free will and cause and effect. The free will acts as a feedback to generate the future matrix. The world we perceive is simply a Markov's chain going from state to state. By saying this, I have probably just lost the majority of the readers. So I will now remind you the matrix which *you* and god created.

This is a state vector which could also be a matrix.

$$\begin{bmatrix} A \\ B \\ C \end{bmatrix}$$

This is called a state vector because it describes your current state, your universe, what is happening to you right now. Of course this is a very grossly simplified version. As a matter of fact, this entire discussion is

completely inaccurate. But by looking at the natural laws in terms of the matrix we understand, it makes life a lot easier. So I will restrict the conversation in terms of the math we already understand.

Even if we use a vector to describe you, your state is probably described by a complicated infinite matrix. Since that would be too difficult for a person without the mathematical background, we will use the vector for demonstration purpose.

This is a transitional matrix which moves you from one state to another.

$$\begin{bmatrix} 0 & 1 & 0 \\ 1 & 0 & 0 \\ 0 & 0 & 1 \end{bmatrix}$$

When you multiply the state to the transitional matrix, you go to a different state.

$$\begin{bmatrix} B \\ A \\ C \end{bmatrix} = \begin{bmatrix} 0 & 1 & 0 \\ 1 & 0 & 0 \\ 0 & 0 & 1 \end{bmatrix} \begin{bmatrix} A \\ B \\ C \end{bmatrix}$$

The way you multiply two matrices together is by multiplying the column of the state vector by the rows of the transitional matrix. The equation is solved like such:

$$B = 0 * A + 1 * B + 0 * C$$

$$A = 1 * A + 0 * B + 0 * C$$

$$C = 0 * A + 0 * B + 1 * C$$

This is how you go from one universe to another. You were originally in the universe called ABC, but you end up in the universe called BAC after the transition. The matrix or the transitional matrix is the *rule* that

guided you from state ABC to state BAC. Certain parts of the matrix are constants so you cannot change them. However, the way you feel about a certain situation definitely goes into the matrix. Your feelings and your mind set are the constant variables you add into the matrix. In engineering, this is called a feedback system.

The reason why I have chosen ABC is completely arbitrary, I could have chosen XYZ and it would have meant the same. The important aspect is the meaning attached to the symbol. For the sake of our example let's just randomly assign ABC to different events that could happen to you.

ABC	=	you wake up
BAC	=	you eat
BCA	=	you made love
ACB	=	you fell down the stairs
CAB	=	you won money
CBA	=	you went to the bathroom

So if we start from ABC, which is the moment you wake up, you would end up in BAC after one transition using the matrix above. After a transition, depending on your will, your transition matrix would change and you would go into another state.

$$\begin{bmatrix} B \\ C \\ A \end{bmatrix} = \begin{bmatrix} 1 & 0 & 0 \\ 0 & 0 & 1 \\ 0 & 1 & 0 \end{bmatrix} \begin{bmatrix} B \\ A \\ C \end{bmatrix}$$

$$ABC \rightarrow BAC \rightarrow BCA$$

According to this transitional sequence, you made love after you woke up and ate. (Check the math above) Each moment you live is a

different universe. At each moment you decide which universe you want to go next. Then the entire universe moves with you. The transitional *matrix* is the deciding factor that moves you from one universe to another. You decide on the matrix you want to use as you go through the matrix, although every combination of your future is already plotted. This is the key to *free will*, you choose, you choose, you choose. It was *you* who thought up this grand idea and gave us the gift of free will. It was *you* that presented this idea to god. It was *you* that's behind the entire grand plan. Of course, only you existed and I am you. Since you and I were one, it is I that decided the future for the human race even before the existence of humans.

If this is not shocking enough to find out that you are the creator of the universe, there is more. Everything that has ever happened to you was your plan. Even before you were born, every single event was decided by you. You as one of the individual spirits god split into. Since we have split from god, you begin to decide what you choose to experience, and I begin to decide the same thing. Every spirit chooses to experience what would help them to realize who they are. You choose who your parents will be, as well as all the events in your life. Even things that you don't seem to have control over, it was your decision that it will happen. There are no accidents in the universe, god has created everything perfectly.

Next time you want to tell your parents that it wasn't your choice to be born, it was.

This is when things get tricky. Although you have the plans decided before you were born, you do not stop making decisions after you are born. You can choose not to experience a specific path any time. That is when probability comes into the picture.

I understand that this point will be extremely difficult to accept. Why would any spirit *choose* to suffer through what you have suffered? Why would you *choose* to be with your parents if you had a choice? Why would you have so many bad things happen? Why wouldn't you just make yourself rich, or the king?

The answers are very simple. You have chosen other souls as your parents. You have chosen good lives before. *You* probably have been a king in the past. You simply got bored with it. Since you still don't remember the plan, I must hold you back and continue with the story.

Chapter 4

What decides your future?

Before I go on, there is another very important concept to understand. Although events will be predetermined, your reaction at the moment is completely up to you. It is this reaction that decides which universe you want to head next. For example, you walked by someone you really like and waved hello. The person looked at you for a brief moment and kept walking without acknowledging you. How would you react?

This is a perfect scenario that could send you into two completely different universes. Let's say you decided to judge that the other was rude. From this judgment you concluded that the other was not worth liking. As a result, the other person ceases to exist in your future universes.

Let's look at another scenario. Instead of getting angry, you judged that something must have been on her mind. The next time you see the other person, instead of ignoring the person completely; you walk up and ask why they didn't say anything last time. As it turned out, the other person simply didn't have their glasses on and was not sure if you were waving. They kept walking because they were embarrassed that they could not see. None of which had anything to do with you. After talking for some time, you end up marrying the person. How different a universe did you end up in?

The way you judge the current situation is all there is to the secret of success in life. You did not set up your entire matrix to go to hell. If you end up in hell, you have end up there under your own volition. Nobody, not even god will ever force you to hell unless you believe that's where you belong.

So how do you always make the correct judgment if this is so important in life? I will remind you how the masters in the past have done it. Though I am reminding you how this is done, please do not consider me a master. I personally have failed to do so my entire life. It is as easy as when

you decide that you choose to be a master and as hard as you choosing not to. The secret to always make the correct judgment is to **never make any judgments**.

Nothing is ever good or evil, right or wrong; they are all illusions of a person's perception. When you condemn others for their sin, you forget that you once too have been a sinner.

Once a woman caught in adultery was brought to Jesus. The Pharisees demanded, "Now in the Law Moses commanded us to stone such women; what then do you say?"

As the Pharisees kept pushing their question, with the intent of trapping him, "Jesus stooped down, and with his finger wrote on the ground". For some time Jesus said nothing.

These religious leaders persisted in questioning him, Jesus straightened up, and said to them, "He who is without sin among you, let him be the first to throw a stone at her" Then Jesus again "stooped down, and wrote on the ground"

Then the Pharisees and scribes who hauled the woman in suddenly abandoned her, one by one. "They began to go out and continued one by one." They were preoccupied with their own sin! "And when they heard it, they began to go out [and continued] one by one, beginning with the older ones, and he was left alone, and the woman, where she had been, in the midst".

Straightening up, Jesus said to her, 'Woman, where are they? Did no one condemn you?'

"No one, Lord"

Jesus said to her, "Neither do I condemn you; go your way; from now on sin no more"

No matter what a person has done in the past, it doesn't matter. All is forgiven. People concentrate too much on one's past when God only cares about the future. What you have done is never as important as what you will do. Who you were is never as important as who you will become. When you make judgments, you are forgetting that you are not perfect either. Let he who is without a sin cast the first stone. God will give you as many chances

as it takes. God does not judge, god accepts. God does not condemn, god forgives.

Of course, Jesus is the most famous example who has mastered this concept. Even when Jesus faced crucifixion, he never once judged his prosecutor. Jesus loved his executioners because Jesus remembered who they really are, god. Could Jesus have stopped the prosecution at will? Jesus knew what lies before him, and had the choice for another path. He welcomed the suffering not as suffering, but as an opportunity to remember who he really is.

A long time ago, there was a little soul that wanted to experience everything that god is. The little soul was always so excited, always looking for ways to experience faster, and experience more. Seeing how excited the little soul was, god asked the little soul what he wanted to experience the most. So the little soul thought and thought, and decided that he wanted to experience forgiveness. But as the little soul looked around him, he realized that every soul around him is as perfect as himself. There is no way that the little soul could ever experience forgiveness if no soul will ever harm him. So the little soul looked down in disappointment not knowing how to experience forgiveness. At this moment, other souls started to gather around the little soul. The souls told the little soul that they will do something in the next life time for the little soul to forgive. The little soul asked why the souls so perfect would act so imperfect for him. The answer is love. The souls loved the little soul and would do anything for the little soul. Remember, without the opposite for forgiveness, the feeling of forgiveness can never be felt. There is only one thing I ask of you my little soul. So the little soul replied that he would do anything to thank the souls. The souls replied. "When I smite thee, and crucify thee, please remember who I really am."

So why do we judge everything? We have been taught at young age that certain things are good and others bad. Religion gave us commandments for what's "*good*" to follow. The government gave us laws so we know what is just. The society enforces rules so you know what is proper. Your parents especially demand you to fulfill their expectations. All these rules and laws that you have learned in your entire life form your value system. It is from this value system that you decide what is good and what is bad. You use this value system to judge what you see. This *is* the illusion you have been living under your entire physical life.

Your value system is precisely the one single factor that is preventing you from enlightenment. In truth, nothing is ever good or bad. Your perception is only an illusion formed by what you were taught for every rule will have exceptions. Once upon a time, all the religious figures condemned one single man for heresy. They crucified him and he became Jesus. The blasphemy statements of Jesus two thousand years ago now have the largest following in the world. In the future, people might claim that Jesus is wrong again. Do you see? Right and wrong is only decided by what the majority says. People at Jesus' time perceived their own religion as the one and only true religion. Look around you; has our world changed much since then?

Many parts of the bible were left out of the final release. Why was that? If the words of god are so true, why would the power behind church at that time hide them?

The leaders back then did not crucify Jesus because he was acting crazy or offending god. The leaders crucified Jesus because they were afraid to lose power. The leaders today will do the same to you if you were to choose the enlightenment of Jesus. If it is the case, is ignorance bliss? Would you rather be blind and follow what you have been told without questioning, or would you rather be called crazy and be crucified on a cross?

Even if you try to perceive the world differently, people will call you names, stay away from you, and judge you. Yes, people will judge you just like how you judge them.

Don't you see that this act of judgment is the core problem of our society? The Columbine massacre did not occur because everybody was getting along. When they brought the guns to school and blew up the bombs, their heart was filled with hatred. Their hearts were badly damaged. People had beaten them up, and called them freaks. People judged them for being different and placed their judgment into verbal and physical actions. If you are familiar with the incident, your moral values will probably call them monsters, but in fact they are not. They are simply a product of our society judging them. If the others had simply let them be, the killers would have no reason to hate anyone. I am not blaming the victims for the abuse they have caused. I am not saying that the victims deserved death for what they have done. I am simply stating the truth. A person not in oppression will not rebel.

A person not in fear will not attack. A person with nothing to gain will not kill.

The irony of this whole situation is that we have chosen to live like this, a life of guilt and shame. Not only do we choose this life style, we teach our children to live this way. We teach our children to judge themselves and judge others. We teach our children to live in shame by constantly pointing out how much better others are. We judge our own children to be stupid, worthless, weak, and ugly. Children grow up reading rubbish magazines that brainwashes them on how to be beautiful. They watch television and learn what is supposed to be “cool.” They go to school with other immature children as teachers that are supposed to teach them the truth. This is why our society continues to be the way it is. This is why we need to look around and realize the need for change.

Not all societies are as primitive as ours. Many of the Native Americans societies lived in a much more advanced structured. No kids in their society were left behind and unloved. They refuse to claim ownership with everything they touch. Unlike our society, people want to own everything. Some Native American tribes understood that the nature, the trees, and the animals don’t belong to them. Nothing belongs to anyone. By understanding this, the Native Americans have by far surpassed our society in the understanding of cosmology. When the British landed on Americas, they called the Natives savages as if they were so much superior. The British called them savages because they were trusting and taken advantaged of. The British called them savages when they were the ones respecting nature and individual identity. Instead of learning how to live in peace, the British concentrated on creating the most powerful weapon and declared war whenever they could benefit. Which society was the real savage?

We have not changed much since those early times. Not only have we made our society a living hell for many, we destroyed the values of societies greater than ours. We call societies that worked well savage and deny that ours is not working. The mark of a primitive society is that they see the problems yet they do nothing about it. Our society has gone even beyond that point, we would oppress, cheat, lie and steal if it benefits us. It is time to end our own suffering. It is the act of judgment that causes us to suffer and causes other to suffer. In another words, by judging our experiences as negative, you instantly move yourself into that universe of the matrix.

Like most people, you are probably picking the middle ground, making some judgments and leaving some alone. Have you ever stopped and listened to the adjectives you use everyday? Some things will make you happy. Some things will make you angry. Some things will make you frustrated. Some things will make you sad. You are not only judging people, you are constantly judging what is happening to you. By analyzing these events, you attribute it to a certain emotion. Most of us have been doing this for so long, we do it subconsciously. We all have been trained and brainwashed to feel a certain way about everything through operant conditioning.⁶ When I say think outside of the box, I am referring to the brainwash as the box. The judgment you have about the world around **us is the box.**

Think outside of the box and ask questions. Ask yourself why you feel a certain way. Ask yourself why you are angry, sad, happy, and depressed. You already have all the answers. All you need is to ask.

How many people spent their weekend thinking about the meaning of life? How many people would want to spend their free time to question every one of their perceptions? Have you even wondered why certain thing you perceive as good? Is it because your mom said so when you were young? Is it because that's simply the law? Is it because it is on TV? Is it because you would go to hell if you don't follow it? Be honest to yourself and question why you feel the way you do on certain subject matters. Most of you will realize that you don't know why you feel a certain way, you just do.

You learned at a young age not to question. So you accepted what you were told. After all, these teachings came from sources you trusted, your parents, your church leader, your teacher, and your government. It might be shocking news, but your government lies. Institutions want you to conform to the status quo, so they make up rules you have to follow. If enough people follow it, it becomes the truth in that given society. You learn to judge good and bad from the rules the surrounding have given you. Look at the rules and examine them. Think about what is being said to you and find your own truth. This way, you will live within your own truth and be the master of your future universe.

⁶ Operant Conditioning: This is a very important concept in the study of psychology. It is used everyday to control animals, and people. Through operant conditioning, subjects associate behaviors with their consequences. Thus, the subject is more likely to repeat actions that are rewarded (positively reinforced) and refrain from actions that are punished.

Chapter 5

Think outside of the box

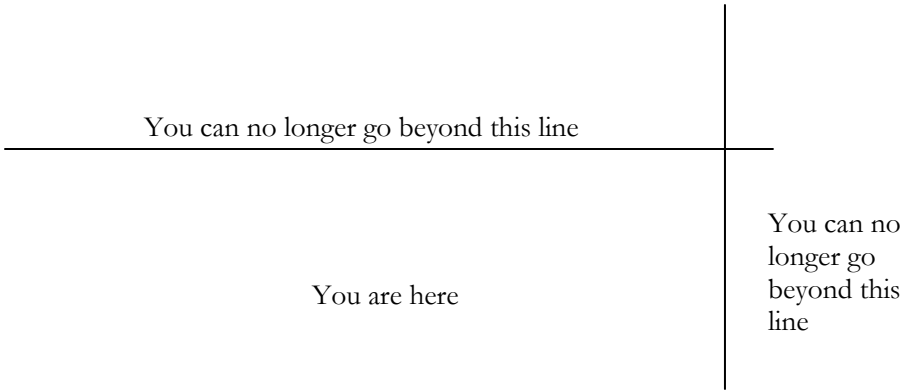
As you are growing up, you defined things in relation to you so you can know who you are. You are your **father and mother's** daughter. You sleep **on top of** the bed. With these definitions, they provide you with rules for your universe and you live by these concepts. As you learn more and more rules over time, you will inevitably learn many rules that are not constant or even true. These rules could be due to societal influence. For example, the American society is obsessed with looking beautiful. Very often parents also become enforcers for these rules simply because they don't want you to be different.

To mentally picture how these rules effect you, let me show it in a diagram. After you have defined a rule, it becomes a line in your universe which you cannot go pass.

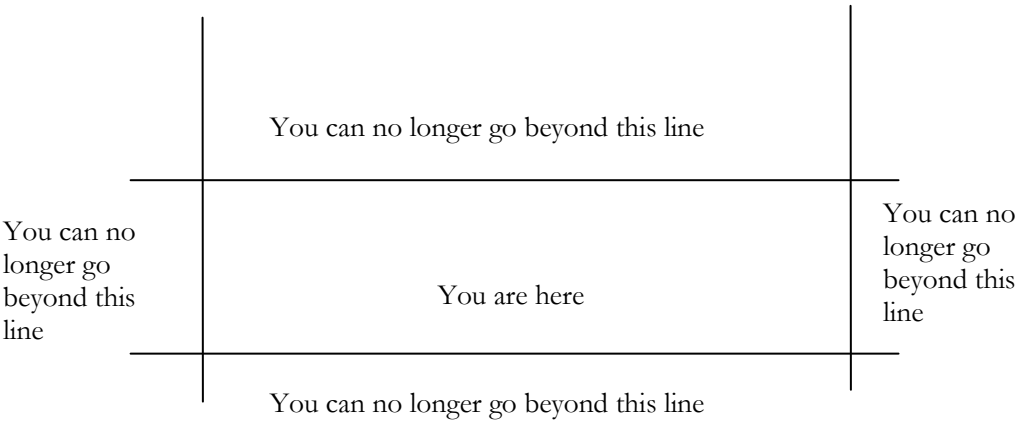
You can no longer go beyond this line

You are here

Once you have defined another rule, you are restricting your universe even more.



Do you see how this becomes a cube?



This is why people called it a box. It is literally a cube in infinite space; also known as a hypercube.

The reason why this chapter is so important is because it helps you understand that you are the master of your universe. What decides your future? **Your judgment decides your future.** What forms your judgment? All the rules that form your box decide how you judge. Do you see how important it is to clearly see the rules you have defined? This is the

difference between persons that has control over their fate versus a person that does not.

You are defining your universe as you live. While you are defining your world, you will come upon many rules that are simply not true. You took the rules as the truth without questioning most likely because it came from trusted sources. On top of that, perhaps the society does follow these rules, even if they are not true. So the goal of this chapter is to help you find and question all the rules you follow.

So what are these rules? How do I discern them? It is actually very easy to find these rules. Every time you have judged something, every time you feel a certain way and every time you use an adjective you can ask for the rules that you are going by. Why are you sad? Why did you get mad at your spouse? Why are you happy? The key is to spend time with yourself by asking why.

Kids are the greatest at asking infinite “why questions”. Kids always want to know the root causes instead of accepting what people have said. Over time kids learn that the infinite why questions tend to piss people off, so they stop asking. How ironic is that? The society rewards children for becoming more like the primitive adults. This is why our society is so primitive.

Since this is such an important concept, we should probably do an exercise together. Let’s pick a very important question.

Why should you not kill?

This is not only an important, but a very interesting question. If you follow my logic, we will realize that “you should not kill somebody” is a wrong statement. The conclusion is that people simply have no reason to kill each other, but due to what the society and religion have taught us, we kill.

Why should you not kill?

Because it is the law

Why did the law make it this way?

Because there will be chaos
Everybody will be killing everybody
So why would people be killing everybody?
Because they hate the person
Why would they hate somebody?
Because they have hurt them
Why would people want to hate or even kill if they were hurt?
To get even
Why would they want to get even?
So justice is served.
Why does it matter that justice is served?
So it is fair.

Do you notice that the last 3 reasons are exactly the same reason with different words? Getting even is the same as having justice served and being fair. You could have switched them in any sequence and it would not have mattered. The idea is simple; people are trying to get even. This is the exact underlying assumption that controls people's reactions. You perceived that someone has done something wrong, and deserves punishment. Who in the world taught you this crazy idea that people should be punished?

Most readers at this point would probably think the world would fall into chaos without a punishment system. I simply want to point out that if people don't believe in punishment; people cannot use this line of reasoning to kill or even hurt somebody. As a matter of fact, a lot of the pain in this world will instantly go away. No damage done onto another would be a premeditated action if this line of reasoning doesn't exist. Who would ever thought that a question like "Why should you not kill?" would lead to the conclusion that the killers should not be punished.

I am definitely not proposing anarchy for our government. The human civilization is way too primitive for us to self govern. We have too much hatred, too much pride, and too much greed. Our value system has been distorted for so long, we have been brain washed for so long we will probably self-destruct quickly. The reason why the punishment system is a mistake is because it is a system that is based on fear. Punishment is the easiest way to deter people from performing detrimental acts. This is why the

government uses fear to control the citizens. If you don't follow the rules, we will throw you in jail, put you on electric chair, and burn you at stake. Wow, all of the sudden people will listen. Using fear to control people works like a wonder drug.

Religion uses the same technique to control people. If you don't accept Jesus as our savior, you will go to hell and burn for eternity. This idea is a perfect example of a religion losing its true meaning. Christianity is not about being afraid of going to hell. It is about love and faith. A consciousness without love and faith is hell itself. Do not misunderstand Jesus' teaching. Ask your heart what is wrong with the idea of eternal hell and an infinitely forgiving god? Please don't quote what you have learned in the church, or the bible. Most of the writers for the bible never even met Jesus. Don't even reason it with your mind. Just ask your heart how you feel about this statement. Take your time to *feel*; is this a statement of love or fear?

If you feel that I am attacking Christianity, it is you that have perceived to conclude so. I am asking questions, I am not giving statements. Because of your value system, you were taught many assumptions. Do not judge what I have said with your values. You already know that my statements are observable. Jesus was a true master of the enlightened. But Christianity today has distorted so much of Jesus' teaching that it has lost much of its meaning.

The main point here is that we have been taught the punishment system since at a young age. Because this system is ingrained into our heads, we treat others the same way. When we perceive actions that "we consider" as bad, we feel that the person should be punished so justice is served. The biggest problem here is that we are assuming what we perceive is the absolute truth. This is the biggest assumption that causes so much misunderstanding in the world.

For example giving clocks in old Chinese culture could be perceived as something very insulting. If a good American friend unknowingly gives this gift to a Chinese friend, the Chinese friend could *perceive* the gift as an insult instead of generosity. Because of this false perception, the Chinese may choose to get back at the American. As a result, the American gets mad and decides to get back at the Chinese. This confirms for Chinese that the American originally had mal-intention. The situation becomes a downward spiral from that point on. Do you see? This entire situation is based upon

false perceptions. This is called the self-predicting prophecy. You perceive something, your actions follows to make your perception happen. When we want to get even, we are always assuming that our actions are justified. By making this assumption, we are not realizing that our assumptions are probably wrong. Do you see how the punishment mentality only makes things worse?

The reason why we believe in the system is because our entire society is based upon it. It is a system that is ingrained into our head. You grew up in a world where everybody punished you. Your parents punished you for not cleaning your room. Your peers punished you for being different, weird, and un-cool. Your government punished you for driving too fast or parking in the *wrong* place. You are virtually punished anytime you act out of norm. How do you not get brain washed into this system?

Yet, do you see that it is precisely this system we use to hurt others and punish ourselves. Do you not see that the cycle will never end? Violence and hatred will only beget more violence and hatred. After the event of September eleven, United States launched an attack on terrorism. United States attacked Afghanistan and Iraq. We have killed a lot of terrorists, along the way; we have killed many more innocent bystanders. There are thousands of fathers with their children killed in our bombing. There are husbands with dead wives. There are wives with their husbands killed. These people have nothing left besides hatred in their heart for United States. Ask your heart for the answer. Can violence ever end violence? Can punishment ever end injustice? We have followed our values for justice. Where has it gotten us after these many thousand years?

The punishment system misses the entire point of constructing a healthy society. No matter how evil a person might seem, his actions are **always** justified in his mind. Therefore, the person is no different from you. There are no evil people, only misled people. Instead of a punishment system, what we really need is a rehabilitation system.

From one single question, do you see how it could lead to infinite implications? It also leads you to the deepest boundary where you set for yourself. It can lead you to how you were taught when you were young. It will also lead you to break the boundary.

Keep asking questions and find out the root cause of your actions. You will quickly realize that many of them really don't make sense. They are normally dominated by the thought of fear. What are you afraid of? In the previous example, punishment must exist because people are afraid that the others will never stop without punishment. Punishment must exist because people are afraid of each other.

Let's ask this question again.

Why would you kill?

Because I can show that I am more powerful

Why would you want to be more powerful over somebody you kill?

Because they might kill me if I don't kill them

Notice how this is a statement of fear. This entire feeling is based upon the assumption the others will harm you. People never attack unless they feel trapped. We are assuming that America has never harmed others and therefore the terrorist actions are unjustified. I am not saying that the terrorists' actions are justified. I am simply stating the obvious fact. People do not attack unless they feel as if they were attacked first. Most people never consider this fact and instead assume that they are simply evil. People assume that Middle East countries are simply jealous of America for our riches. All these are very ignorant assumptions. America has a very ignorant culture in terms of the outside world. Because of this ignorance, we are like the Chinese man that took the clock as an insulting gift. Everything that is happening to our government is just an illusion. America is the true master of weapons of mass destruction, yet we call others terrorists. America has oppressed other countries economically and socially, yet we scream freedom the loudest. This is because we don't realize that our ignorance is oppression itself.

When someone can convince you of absurdity, you will commit great atrocities.

Voltaire

Why would you kill?

Because I can gain benefit from killing

Why would you want the benefits?

So I can get what I want.

What do you want?

A lot of things that money can buy

Such as?

Woman, nice house, nice car, power

Why do you want them?

Because they make me happy

So are you not happy when you don't have woman, nice house, nice car and power? When were you taught that they represent happiness?

By questioning yourself, you can raise the deepest core values you have. Are you afraid that you won't be happy if you don't get what you want? Not getting what you want being linked with happiness is a core value here. Examine these core values, because all your sufferings are derived from them. Ask and it will be given to you; seek and you shall find. The answer is already within you because you and the father are one.

We started this discussion because we delved into the concept of perception and judgment. Our judgment comes from what we perceive and how we perceive comes from the box we construct. But we seldom realize that our perception is rarely correct. What is good can always be bad from a different perspective. What is bad can also be good. Suicide in Christianity would be considered as a sure way to hell. What if it were some parents that traded their lives in to save their children? Are the parents going to hell too? Most Christians would claim that god will be the fair judge of any situation. In this, I have proven that what is wrong could also be right.

The truth is simple; judge not because judgments are always wrong. One plus one is not always two.⁷ No matter how evil a person might seem. No matter how many times they have wronged the world. God's love is unconditional. God's forgiveness is unlimited. There are no exceptions to this rule. God does not judge, god loves. God does not punish, god heals. In this you can trust that god will never judge or punish you. Believe these

⁷ Just ask any mathematician why one plus one is not always two.

words and your soul shall be saved. This is because only you will punish yourself. Only you will see that you don't deserve salvation. So I urge you, my friend, to save you from yourself.

Have you ever noticed how Christianity teaches that god's forgiveness is unlimited? Yet even though god's forgiveness is unbounded, they spent the majority of their time teaching you about god's punishments. If you believe that your god is so weak that he must use fear and punishment to control human, you are imagining a much lesser god. If you are picturing a god that gets upset if somebody breaks the 10 commandment, you are picturing a lesser god. If you think god is going to abandon you due to what you have done wrong, you are picturing a lesser god.

If not even god judges you, why do you judge yourself so much? Why do you call yourself, fat, ugly, stupid, old, worthless, and cause yourself to be depressed and have a low self-esteem. Why do you call others fat, ugly, stupid, and worthless when they are just as perfect as you? Why do you do this especially when that's not what god sees at all. God sees every one of us as perfect, his creation, and her children. God sees you as perfect the way you are. This is unconditional love. If god only loves you because you follow the rules, the love will cease to be unconditional; and you will be imagining a lesser god.

We are souls that remember how we got to our current state of being. What we have done in the past cannot be changes. Even if you travel back in time and change what has happened. Your memories will not be erased because you still came from the same universes. You simply changed the decision of yourself in a separate universe. And the person in that separate universe is not you because they would have experience different feelings and became a different person. You cannot erase your experiences because this experience is precisely what god wants. This experience is the entire purpose of the plan.

Even though we cannot control our past, our judgment of the current situation will determine our future. Fortunately it is not our judgment that will lead us to paradise. It is the absence of judgment that will bring us enlightenment. Let go the shackle of assumptions and the truth shall set you free.

Do you not see that relativity *is* the great dichotomy which *you* invented? Remember that there was only god in the beginning? You created relativity so that it was possible to experience the sensation of moving from one to another. The divine dichotomy you use to call it was the single greatest gift to god. The polarity of the two sides causes the precise sensation of tension that we need in this universe.

Some where along the way, we followed the dichotomy so strongly that we forgot that it was only an illusion used to recognize one from another. We forgot the reason for relativity and started creating polarity among everything. We created our own god as the opposite of devil. We created judgment among our peers. We created the sensation of fear and learned that pure love is the absence of fear. I thank you for the greatest gift you have given the universe. I remind you that it is only an illusion you *yourself* created.

Religion crucified a man a long time ago. He became Jesus. A colony fought back against the laws of the government and they became the United States A man was once responsible for the killing of millions of Jews. Hitler went to heaven. You don't have to follow any rules because they are all illusions. Many things in life might seem like contradictions but they are not. You can have a world full of uncertainties and still say that god doesn't play with dies. Once you have been enlightened, you will realize that there is only one single truth. The dichotomy of relativity will break down, and everything will converge into one. That oneness is you.

Chapter 6

The road to imperfection

Relativity was created so that one thing could be distinguished from another. The multiple universes were created, so that the process of change is possible. Everything was done deliberately in perfection and designed by *you*, my holy friend.

Yet the work of creation is not over. There is still one obstacle; the greatest obstacle of them all. God has divided himself into infinite amount of individual energy units. The purpose of these energy units is to experience the sensation of god. The energy units we call spirits can experience god in the spirit world as well as the physical world. This is the point where we hit the obstacle. The spirits placed within the physical bodies already knew that they are god. The spirits knew that their future is decided by their judgment of their current state. The spirits remember how everything works because they were the creators of the system. They remember that they are individually god and together god. If god is everything, god cannot change from one to another. Although the spirits are in the physical form moving from state to state. They knew that the apparent changes are only illusion of the matrix.

Since the spirits remembered the illusion, they lived their lives in perfection. In the bible, this is similar to the time before Eve had eaten the apple. Although god had given the spirits free will to choose their future. Every spirit chooses to be god because they remembered they are god. If only one path could be chosen, the divine dichotomy would break down and free will cease to exist. Without the existence of free will, the entire god's plan comes to a halt.

The individual spirits are perfect, and are therefore god. Since they are god, they are what they will be. They cannot move from one to another because they remember that they *are* one and another. The original paradigm that god faced has returned.

How can god experience what god already knew? How can god desire what god does not desire? How can god act ungodly if nothing god can do is ungodly?

The divine dichotomy and the creation of the multi-universe cannot avail to solve this obstacle. There is nothing that god could learn if god already remembered. So god did the only thing god could do. God had a meeting with all the spirits. I still remember that moment, I wore a nice suit and you had a beautiful dress. Together, the spirits decided to simply forget that we are god.

We forgot the beautiful dichotomy of contradictions we invented. We forgot that we are god and consciousness connected as one. To make the matter more interesting, god gave us free will; the choice to act evil, the choice to hate, and the choice to be ungodly.

This is the road to imperfection and what Jesus referred to as the original sin.

Chapter 7

Does the truth matter?

Now that I have reminded you the truth, does it matter? You now know the purpose that we are here; will you change your actions? Does it matter that a tree falls if no one is in the forest? I have told you nothing new; your soul already held the truth. One day after you die, you would be able to ask god yourself if what I said is true. Although you have forgotten, the truth is the only constant that will never change. Do you see how beautiful this statement is? The truth does not change. I have spent chapters explaining how everything is an illusion, except the truth. Since the truth will never change, you will encounter it forever until you decide to acknowledge it. This is why you will eventually reach god. The world may end, and the universe may die, but god will always be there. No matter which way you go, and how many illusions you believe, this is the inevitable truth that you will have to face. If you refused to believe that the earth is round, would it turn flat? If you choose that god does not exist, will god disappear? If you neglect to hear the truth, will it turn into a lie?

Illusions will only be true in your universe because you are the creator. But slowly illusions will fade because contradictions will arise. The contradictions will cause you to suffer, cause you to stir. You will seek for a new truth again. One way or another, the truth will be heard. It is then that the truth shall set you free.

People are afraid of facing the truth they already know because it requires that they change what is not true. What if I tell you that we can stop world hunger at this moment? We simply have to take the trillions of dollars we spent on weapons and convert them into food.

What if I tell you that the entire planet must unite to form a better future for our children? Will the leaders of the world give up their power and join into world peace?

What if I tell you that you should leave your job because you are meant to accomplish something much greater? Will you quit your job tomorrow?

Listening to the truth means that you must act upon the truth. This is why people don't listen. Are you going to listen?

There is nothing magical here; we all know the truth already. You can deny it all you want, but you know exactly how to make our world a better place. You already know how to make your life a better life. All you need to do is sit down and listen to yourself and you will come up with a great plan.

As a human in this society myself, I understand that it is the most difficult task to listen to the truth because fear holds us back. As I write these words, I have a job which I am afraid to leave. I know that I am meant for something greater. But I am afraid that the truth my heart is telling me is wrong. I am afraid that people will think I'm crazy. I am afraid to be judged by people, by my parents, by my peers. I am afraid that I will be crucified. I am afraid that what I say might all be wrong, though my heart has never spoken so clearly. I am just as afraid as all of you.

I keep telling myself that one day I will save enough money, finish my obligations, and learn from all my mistakes. I am delaying the truth just like the majority of the people. When is it time for me to listen? It is up to no one but me.

When is it time for you to listen?

It is up to no one but you.

I have forgotten that I am perfect. Now that I remember, I don't believe my heart. But wasn't this the plan? This is the divine dichotomy which we devised. I now see the steps I must take but I stand still. Are you standing still with me? Or are you moving ahead of me? My brother, my sister, no matter how much fear we have, remember that this *is* the plan. This is our plan.

This constant change is the purpose of life. Without chaos, no experiences can occur. Without free will, god cannot change. No matter what we do, every path will eventually lead to god. Yet I am standing still and so are you. Tell me when you are ready, maybe we can go together.

Two brothers stand next to each other staring at the swimming pool. They yearned to be one with the water but the water is cold. They looked at each other for a long time trying to convince one to go ahead of another. In the end, they count to three, held their nose, and jumped in

Then Jesus came and just jumped in

Chapter 8

The path of anguish

Why is there so much suffering in the world? In the simplest answer, it is because we have forgotten who we are. Although this statement might seem simple and intuitive, it has a very profound implication. It is because we have forgotten who we are, we *choose* to suffer.

It is very difficult to accept this concept at first, but this is ultimately the truth. Let me first explain to you how the human brain works, then I will explain the goal of our soul. Why would our soul set up scenarios in which we suffer?

In terms of emotions, the human brain is nothing but a network that assigns signals to emotions. Once the emotions are assigned, reactions follow. When you see a car coming at you, you jump out of the way. This may seem like a very natural auto-response. In reality, there is an enormous amount of process that occurred in between. When you see a car, you first map the mental image of a car as well as all their functional attributes to your brain. By observing the displacement in space, you realize that the car is moving towards you. From this observation, you conclude that the car will hit you. At this moment you may move beyond observation and *judged* that being hit is a negative phenomenon. You jump out of the way as a solution to prevent your negative outcome. It is precisely in this act of judgment where all suffering is derived from.

Right now, it is likely that you see this as ridiculous. You might be thinking that if you didn't jump out of the way, you would have been hit. This is a true statement but if we carefully examine this statement, you would see the underlying assumption. It is a *fact* that you will get hit by a car, but it is a *judgment* that getting hit is a negative experience. It is because of this judgment that you will suffer if you were hit by a car if you didn't see the car. You might wonder how getting hit by a car could be a good thing, but

anything could be good or bad. What if the car stopped right before hitting you and you end up marrying the driver. What if you end up with a couple of broken bones and a couple of million dollars in insurance money? What if you saved the life of your child? What if you are guaranteed to go to heaven if you were struck by a car? Would any of these reasons change your mind so that you call this event a *good* event?

I am definitely not encouraging anyone to get hit by a car. I am simply pointing out that nothing is good or bad because everything is both good *and* bad depending on of you view the situation. It is because of this idea that everything simply *is*.

This concept includes physical pain. If you were struck by someone, you will sense pain. However it is up to you to assign pain as a negative experience event. The true masters are capable of loving their executioner. This is because they do not assign pain as a negative experience. As soon as you attribute the experience to an adjective you create the sensation you feel because you are the master of your universe.

In psychology, this concept is the basis of the well known attribution theory. Others psychologists might also call it Excitation transfer or the two-factor theory. When stimulated, you label (judge) the source of your arousal, and this labeling leads to the perception of a certain emotion (fear, love, anger, happiness). If a male or female is aroused in the presence of another person of the opposite sex, they attribute their arousal to that person, and they interpret their arousal as passion.

One famous experiment demonstrated how people attribute love from the current stimulus.(Dutton & Aron 1974) The experiment had male subjects come into the lab supposedly to participate in a learning experiment. Before the experiment, all the men were introduced to a relatively attractive female. Half of the males were told that the experiment involved a rather painful electric shock while the other half were kept as the control variable.⁸ All of the males were then asked to fill out a brief questionnaire about how they would like to kiss and date the female introduced in the beginning of the experiment. The subjects aroused by the impending electric shock expressed a greater attraction towards the female.

⁸ The Control variable in this case is the group of men that took the survey without knowing about the electric shock.

This is a perfect experiment, which demonstrated that we often sense a stimulus and judge it to a particular feeling. Half of the males met the same females, yet they statistically expressed more of a desire towards her. The half of the men was given an emotional stimulus which was the fear of getting a very painful electric shock. When they started taking the questionnaire, the experiment forced the subject to immediately move their attention from the fear to the thought of kissing and dating the female. This causes a transfer of feeling which they attribute the stimulus to the feeling of love. The other half of the men was told nothing and expressed a substantial less interest.

After the first experiment, they proceed to conduct a more realistic test. This time, they had the female approach men on a pedestrian bridge and asked them to help filling out a survey. After the men helped with the survey, the female gave the men her phone number and asked them to call her if they had any questions about the survey. When the bridge was a swaying, 450 ft. Suspension bridge, men were much more likely to call than men approached on a sturdy concrete bridge. As another controlled experiment, they had a male interviewer instead to approach men on the suspension bridge. In that instance, very few men called back

You can read the actual report from this website:

<http://arts.uwaterloo.ca/PSYC/bee/courses/Psych291/Dutton&Aron.pdf>

Have you watched a movie and seen the main characters fall in love after an exciting adventure? This is no accident; they simply attributed all the excitement into passion. When you bring a date to an exciting first day, they are more likely to fall in love with you versus a boring date.

I am not proposing that you should trick you date into falling in love by taking him or her onto exciting dates, although it would definitely help. I am simply pointing out that **emotions could be easily manipulated**. What you feel most of the time is only an illusion of judgment. The reason why I first explained how human brain works is because this is the root to all our suffering. You sense a stimulus and attribute the feeling as suffering. As soon as you do that, suffering becomes as real as you choose to be.

Not only can emotions be trained, actual physiological responses can also be trained. The most famous example is perhaps the experiment with Pavlov's dog. In the experiment Pavlov would ring the bell before feeding

the dog. After repeating this for a while, Pavlov realized that by ringing the bell, the dog would automatically correlate the bell with food and salivate.

This is a perfect example to show how even physiological reactions could be induced in human. When people with phobias see their feared object, their heart beat would increase, and they would start sweating. The phobia itself is almost always a trained reactions due to a specific past experience. By understanding this, it is obvious that people's mind, emotions, and even the body could be subconsciously controlled by another. Therefore, if you let the subconscious control you, you become a puppet of your environment. People without control over their subconscious often feel that they have no control over their fate when this is absolutely not true.

This act of attribution has been experimented over and over again in psychology. It is from this that some people form the basis of deception and human control with this knowledge. This technique has been used so many times in public propaganda that its repeatability is unquestionable. First you stimulate a feeling. Then you tell the individual how to feel about the situation. After this is repeated many times, people's subconscious is constrained to hold it as the truth. In America and around the world, this is called the media. The television, the radio, the newspaper, and the magazines all have the power to mold the mind to their liking.

Throw away your TV .It is probably making you dumber

I am not telling you what you don't already know. Everything I say is observable by you. I am simply pointing out the obvious for you to take note next time. If you simply observe the shopping malls of America during Christmas, you will realize that much of America has been brainwashed by the media. Christmas is the birthday of Jesus, but somehow it became the day of receiving presents. It became the day where you get mad if you don't get what you want; the season where the stores make more money. Giving presents is no longer about giving, but often about receiving in return. Christmas has become a day of obligation because our culture taught us so. And our culture enforces this upon us even if we know that some aspects are wrong.

Many people will get offended by these statements. I am not attacking anyone's values but I am offering a simple observation. Consider this question, if you already show your appreciation every moment of your

life, why does it matter which day you show it? If your heart is always filled with a sense of giving, what does it matter what you give? Do you really have to give your kids exactly what they want to show the meaning of giving? Or are you simply trying to fulfill their unlimited desires on designated dates?

The question here is not whether you should give or not give. The conclusion drawn here is that the meaning of giving is lost when our society made it mandatory. This gives the store an excuse to enforce the concept of “*giving*” upon the society. The American commerce is using a beautiful concept of giving and abusing it for their profit. The reason why Christmas is the way it is today is because the American stores need a reason for people to spend money. The reason why Santa Clause is so popular is because Coca Cola said so, when they create our current version of Santa Claus⁹. So the big companies of America seized every opportunity to convince people that *giving* is an obligation. Because of this sense of obligation, the sense of giving, as I must repeat, is lost.

Why do we need to give presents during Christmas?

Because it is a time of giving

Why is it a time of giving?

Because that is the point of Christmas

Who taught you that?

The society

Once people get brainwashed by the media, they often fall into the trap of a circular argument and assume that all reasons are justified. Christmas is a time of giving because that is the point of Christmas. Notice how this statement proves nothing.

Next time you go shopping for a present, ask yourself this question. Are you giving the presents out of the sense of obligation or love? Are you buying the present simply because you don't want to look *cheap*. If your reason is not love and gratitude, your actions are being controlled by the society. Your judgments are blurred by the messages you have been

⁹ I am sorry if you didn't know, but our current myth about Santa Claus was created by Coca Cola. You can do your own research.

listening. You care too much of what others think. Are you the puppet of the society? Or are you acting on behalf of *you*? You will be the ultimate judge on that. Think about these questions and come to your own conclusion.

It seems that no matter what topic we discuss we can never leave the subject of judgment. The reason why the concept of judgment is so interlaced within our world is because it is the first law of our system. The day you stop the judgment of the world is the day you leave the matrix and become a member of the enlightened.

*The reason why we suffer is because we **judge** the experiences we have as negative.*

Judge not, that ye be not judged. For with what judgment ye judge, ye shall be judged; and with what measure ye mete, it shall be measured to you again.

Jesus

I have a perfect story that just happened recently in Florida. A 6 years old girl and her mother were driving on the highway when they spotted a turtle crossing the street. They pulled over so they could help the turtle. The little girl jumped out of the car immediately to save the turtle. She was struck by a car and died of her injuries.

After hearing this story, what emotions does this evoke? Is it sadness? Pity? Do you notice that no matter what you feel, it is based upon your judgment of the situation? Many people would find the story sad because they can imagine their feelings as if it had happened to them. Some parents would live under bitterness if their children had died under such a tragic accident. However other parents might bless god for taking care of her in heaven. I am awed by the beauty of god from the little girl before the end of her life. At that moment, nothing mattered, not even her life compare to the love for another soul. She ended her life in the act of pure love. I thank god for using her as our messenger. In a simple act of saving a turtle, she told the world that pure love is everywhere. From seeing these many interpretations of the same event, you realize that everything is really relative and nothing is absolute. How you feel in relation to this incident is wholly up to you. Because of this fact, *you* control if you choose to suffer.

You might wonder what if the suffering is inflicted by another person. As difficult as it might sound, but the same rules will apply. You choose if the experiences you are feeling to be painful or an opportunity to experience life.

The reason why this idea might be difficult to accept is because you are looking at the situation from a physical perspective. You are viewing yourself as a physical entity, when in reality that is not true. You are comprised of mind, body and the spirit, the holy trinity. Your mind and your body belong to the physical world while your soul belongs to the spiritual world. Although you may feel that you belong to the physical world, your soul is the true master, not your body nor your mind.

To the soul, your body is nothing but a simulation of experience, a video game that the soul is playing. If you are playing a video game with your best friend, are you damaged when you die? Do you get mad when your friend strike, beat and crucify you in the game? Does it matter what your character has to go through? Most likely, you would say the more adventurous the better. This is why we all seek adventures in many different forms. Some people enjoys travel around the world, others play more video game. Yes, we can tell the characters in our video game to play another video game.

When people die, the soul is simply sick of the game and is ready to play another game. Death is not an end but a beginning for the soul. It means that they can finally leave the old and dying body and move to a younger and better life. Death is only sad when the people left behind attribute the incident to be sad. Most people see death as an end. Even when the death was unexpected, the soul *ready* decided the outcome before birth. Nothing in this universe is an accident, yet you have a free will to choose, no contradictions. Notice how beautiful *your* plane was?

In the beginning of this chapter I mentioned the reason why we suffer. It is because we have forgotten who we really are. We have forgotten that everything is just an illusion we created for ourselves. Before we have forgotten who we were, no games could be played because every game was perfect. It is only after we have forgotten who we are that we can play a real game. Somewhere along the way, we started taking the game too seriously,

too personally, and too selfishly. Because of this, we fall into the illusion of suffering. Not only are we suffering, we cause other to suffer with us.

It is time for us to take a step back and see the illusion we created. The original purpose of the game was to experience the joy and the love of god, yet some how along the way we turned earth into a living hell. We pollute the air we breathe, we poison the soil we plant our food, and kill each other for the purpose of pride, money and religion. Although god does not judge how we play the game, can we make it a little less painful? Do you not remember that I am your brother and we are only playing a game? Do you not realize that it doesn't matter who is the best, or the most powerful? Do you not know that some souls are so damaged from the physical world; they have mental breakdowns in the spiritual world? Wake up my sisters and see the truth. Please see me as who I really am.

Everybody always ask why god allows this much suffering in the world. God has no control over any of these events. It is us that have chosen to experience what we experience. We choose the events we will experience before we are born; we choose how we react to the events after we are born. It is our reaction and judgment that causes our suffering and causes others to suffer. Let your judgments go and suffering will disappear, because the kingdom of god is already within you.

Chapter 9

I and the father are one

I have spent a lot of energy so far telling you that you, and I, and god are one. Many of you might understand this concept in a metaphoric level. When you look around you, you see other people as a separate entity with separate consciousness. How can you and I and god be one when we are all obviously apart from each other?

So I am going to shock you a little. We are not only one metaphorically; we are literally one as a physical phenomenon.

To best illustrate this point, I will use several analogies. Let's say we fill a glass with water. Are the water molecules at the top half the same as the water molecule at the bottom half of the glass? Yes and no. At any particular instant, the water at the top half is not the water at the bottom half. However, the molecules from the top half constantly flow into the bottom half while the water in the bottom half does the same thing. Due to this flow, the bottom half is always a part of the top half while the top is a part of the bottom. In this illustration, you are the top half while I am the bottom half. At any particular moment we are different, but we are also each other as the water in glass. The water itself is god.

Is the air in your room the same air in the kitchen? Some people might say yes, and some people might say no. The air is connected everywhere so the air in your room is simply the part of the air that *is in your room*. Together, they are all air. The air that you breathe is the same air that someone else breathes out. Whatever that was inside someone else is also inside you. When some body dies, their body goes into the earth. The part of their body is decayed and returned back to the earth. The earth grows the food we eat. What we eat forms parts of our body. A part of every deceased is what you physically are composed of. This might seem like a rather

disgusting way to think of our body, but this is also the beauty of our being. We are a part of everybody else.

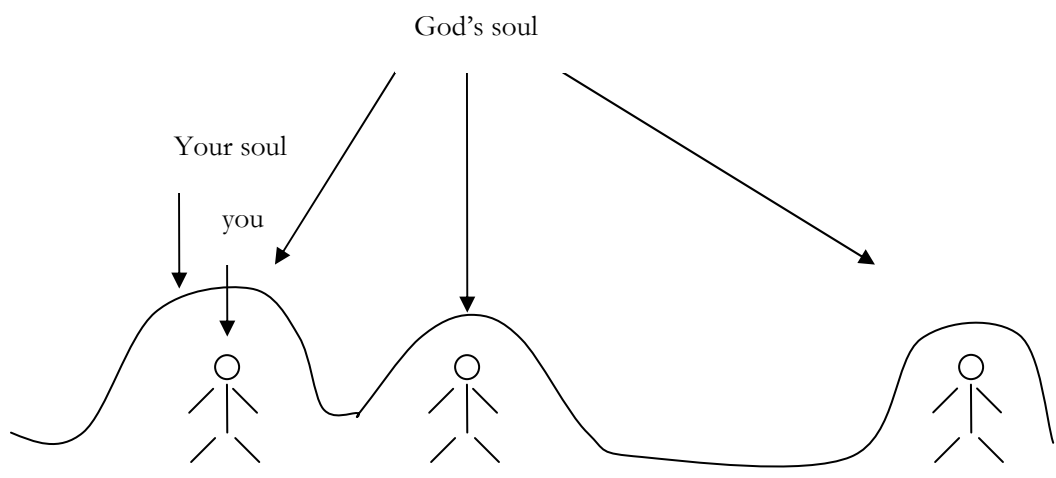
You might still think that we might be composed of each other, but we are not *currently* one. We are not currently connected because there are obvious physical spaces between us. The truth is that there are *no* spaces between any one of us. We are *physically* connected in another way which you have forgotten. This is a very physical phenomenon which could be measure by our equipments.

So how are we connected into one? The more relevant question is *who do you consider you are?* If you consider yourself as the body that you see and the thought that you think, you have missed the most import part of your existence. Like I have explained before, you are consists of the mind, body, and spirit. Out of the three aspects, the mind and the body is only an illusion. The soul is the real you which has forgotten its identity. It is the soul that is connected to everybody else. It is the soul that is the drop of water in the grand ocean of god. I am you and you are me in this ocean. We are individually god and together we form the entirety of god.

Although I am expressing the beauty of this phenomenon metaphorically, you are still not remembering how this is a physical phenomenon. You see, everybody has an aura, an energy field around their body. This energy field is real, and could be measured and detected thanks to the discovery of Kirlian effect.

Although the phenomenon of our body "glowing" under certain conditions was first noticed by Nikola Tesla late in 19th century, the technique of recording images of this glow was pioneered by Kirlian couple in Russia in 1939. This energy field and aura around your body is the real you. The true master of your body in this illusion we call the matrix. This energy field is your soul and god's soul

This is a drawing of the density function of the energy field around your body.



It should be emphasized that the diagram above is not the shape of the energy, but an energy density function¹⁰ in relation to space. A rather inaccurately drawn one, I might add. But hopefully you get the point. The energy is the densest around your body and it becomes less dense as it gets further from the body. The energy never goes to zero, it extends from your body all the way to infinity. The energy around us literally flows freely between us. The summation of all our energy forms the soul of god.

This is what it meant that we were created in the image of god. It is the soul that this statement is pointing to and not the physical form. Since god is everything, god can take on any physical form god chooses, so to say that we physically look like god doesn't paint the complete picture. However god only has one soul, this is the same soul that we have. The soul is what's created in the image of god.

When god divided himself into infinite energy units, none of them was separate from god. God simply rearranged the density of her energy into little packets. Souls are lighter while matters are heavier and everything else is the energy in between. Nothing could be separate from god since god is

who we are and everything in between us. None of the souls were disconnected to god; you are never without god, you are never forsaken by god because you are literally god's body part. Like a toe is to me. :)

If my toe is hurting, I am hurting too.

The real Aura around us is constantly changing flowing, much like a flame or a hot air and never has a smooth, regular shape. This energy field radiates from you all the way to infinity with diminishing density but never zero. Each person has individual pattern and a specific mix of colors which is ALWAYS present. Aura shape, size and color content are dramatically different for a sick person, natural healer and a spiritually advanced individual. Aura is like a fingerprint, we all have our own aura that is very different from other people.

This aura is the true you, the master behind the mask. By seeing the aura, you can tell a person's emotional state. If they are happy, sad, angry, lying and sick, they will have some type of aura to agree with this.

From having noticed this, you might start realizing that everything around you is god. God is energy and everything is energy. The book you are holding is god, the wine you drink is god, and the bread you eat is god. You are covered by god, you *are* god. This is why that you are already in the kingdom of the lord. We are literally inside the house of god.

*This bread is my body, broken for you. Eat it and also remember me.
This wine IS my blood, shed for you for the forgiveness of all of your sins.
Drink it and also remember me.*

*Do you not believe that I am in the Father and the Father is in me?
The words that I speak are not spoken of myself; it is the Father who lives in me accomplishing his works.*

Jesus

Because of what Jesus referred to as the mortal sin; we forgot who we really are. This mortal sin by birth is not really a sin in god's eyes because god does not judge you. However, the reason why Jesus called it a sin is because the "*forgetting*" of who we are is the source of all ungodliness. You are already in heaven, but you do not remember that you are. So heaven is not a place you go but rather a place you must remember within your heart.

*"If **your** leaders say to you,
'Look, the kingdom is **in the sky**,'
then the birds of the sky will precede you.
If they say to you, 'It is in the **sea**,'
then the **fish will precede you**.
Rather, the (Father's) kingdom is **within** you and it is **outside** you.*

*When you know yourselves, then you will be known,
and you will understand that you are children of the living Father.
But if you do not know yourselves,
then you live in poverty, and **you are the poverty**."*

Jesus

This is the mortal sin that Jesus always referred to, the decision to forget our identity. Because of this, we lost faith in our ability to listen to our hearts, and love without conditions. Jesus was willing to pay with his own life to bring back unity to people who have been separated from god and from each other because of the mortal sin.

This separation is not a real separation because we cannot be separated. This separation is the forgetting of our connection. It is because of this sin that some of us go through hell while living, and some goes to hell after death. Hell of course does not exist. But if you believe that it is where you belong, that is where you shall go after death. This is done not by the collective god, but by yourself as god. Your judgment of where you belong will allow you to experience whatever you think you deserve. When you have died and remembered who you are, you will be a fair judge of what you shall experience.

If I may make a suggestion, my dear friend, I say that you forgive yourself of all your past. Please go easy on yourself once you have realized who you are. You are my brother, my sister, my mother and my father, and I forgive you. We hurt each other simply because we know not what we do. We know not who we are and therefore all shall be forgiven. Do you punish a baby for not going to the bathroom correctly?

Do you still remember the reason why we decided to forget? It was all part of *your* amazing plan. How can god judge us when it was god that

decided that we shall all forget? Without this forgetting, none of these that you see will ever exist. Of course we probably didn't hope for things to get this ugly. But there is no sense worrying about the past, there is only now. Every passing moment is another chance to be you.

"I am the way, and the truth, and the life; no one comes to the Father but through me. If you really knew me, you would now know my Father also. From this point on you know him; you have seen him."

Jesus

Chapter 10

The judgment day

The judgment day in a modern sense, of course, does not exist. There is no such thing as the final judgment because life will go on forever. You simply go from one form to another after physical death. Even though the New Testament claims that Jesus talked about the end of the age. This never meant that live is over.

To put the bible in a more historic content, Jesus' teaching has been distorted and misinterpreted. Like the telephone game, the words of the bible are based upon several layers of retelling a story. The interpretation will change between each exchange and messages will get distorted. The act of writing and naming something instantly renders the information inaccurate. Even my writings in this book will not be completely accurate. As a matter of fact, nothing I say here is exactly true. I am simply doing the best to represent infinite information with finite English symbols.¹¹

The concept that you will be one day judged by god to decide if you belong to hell or heaven forever is completely inaccurate. Nothing is forever, you cannot be in hell forever and you cannot be in heaven forever. Everything will change because everything is an illusion. The only thing that will never change is the one and only truth. **You are you.** You are god and the energy itself. Energy cannot be created or destroyed. Energy simply changes. Death is the beginning, and the end. For this, you can rest assured that you will never get stuck in your hell forever and the judgment day most people imagine simply doesn't exist. You'll only get stuck in hell at most a couple trillion years when the universe dies. This is much shorter than forever.

¹¹ What I am really doing is an A to C converter. I am trying to digitize continuous information with the English and math symbols. Most electrical engineers will attest that A to C converters are never exact and always hopefully close enough. **Therefore, this entire book cannot be taken literally.**

That was supposed to be a joke, which I'm sure many of my readers would not appreciate. I am making light of this situation because it is not likely to happen to anybody. It is possible but not likely. Your spirit guide will come get you. No souls are abandoned forever. When you die, the entire kingdom knows and rejoices for your return. There is not a single soul that doesn't know where you are and how to find you. The only way to prevent them coming to you is if you really want to be left alone after realizing what you have done. If you think you belong in hell; that is where you will go. Even so, your spirit guide will stop by periodically to convince to leave. One way or another, you will leave hell.

Although I just spent these whole section explaining how the judgment day doesn't exist. However the experience of the judgment day has and will occur to each and every one of us.

Many soldiers during WWII would probably have labeled the battle field as their judgment day during D day. The thousands that have died during the September eleventh incident must have felt it too. You see, every one of us will have to face our own tribulation in one life time or another because we will *choose* to experience it. If you simply put your mind frame as one of the spirits, you would know that comfort cannot exist without distress. To the spirits, the suffering in the physical body is one with joy. The pain itself means nothing to the spirit because it knows that it is not real. Why do you think so many people play dangerous video game where the characters can be killed and destroyed? Why would people play war games and kill thousands of innocent people in the game with a click of a button? There are games out there where you would kill rape and steal. Why would people still play these games when they are obviously detrimental to the character in the game?

This is because we know that it is not real. We know that the characters don't really die. Just press the restart button and you will see that I am right. We know that we don't regularly hack people's head off, but it won't matter if we do in video games. We know that we don't want to kill innocent children, but it doesn't matter either. Nothing matters in video games except the experience after the game. This experience is exactly why we play the game, why we invented this big video game called the universe to play. This experience is what defines god. Now if you take the video game analogy to another level. Let's say you can go into a virtual reality where you can convince the brain to feel everything. You go into the game

forgetting that it is not real and get stuck with the same character until you die. This is what's going on here.

If you simply look at life from this perspective, why would you want to have a boring life? Have you ever thought that there is more to life than what you are doing right now? This is your soul reminding you the purpose of yourself. The purpose is to experience everything you can to decide who you are. Live life to the fullest and seize the day. This is the only reason why you are here, or else you will spend the rest of your life in regret.

This is why god allowed holocaust, WWI, WWII to occur because nothing matters in god's eyes. Every event is an experience for god and god blessed every experience equally. God is always fair even to what we consider as evil. Pay attention and note that it is not the conscious god that is choosing the pain and the suffering; it is the unconscious god, you and me that is creating the universe. God simply lay down the ground rules, we play out the outcome. What happens in the world is completely up to us not god. God cannot interfere with our free will or else she would be cheating the game.

The rise of Hitler was not only Hitler's will, but also people's will. Together the world created Hitler. After WWI, the nation of Germany was filled with anger and the sense of revenge. After the economic crashed around 1929, Germany needed someone to believe. Hitler was simply the manifestation of what the people desired. When Hitler became the dictator, why didn't the citizens, the politicians, the soldiers stop Hitler? When Hitler started increasing military armament, why didn't England and the League of Nation stop Germany? Why didn't the United States step in when Germany was bombing England everyday until Pearl Harbor?

People did not want to stop Hitler out of fear. The citizens of Germany feared prison and death. French and England feared war and United States feared trouble after WWI. I tell you that the greatest atrocity during WWII was not the holocaust, but that the holocaust occurred before the world stopped Hitler.

There has been many judgment days in the past, and many more will come in the future if mankind were not to stand up today against the injustice of the world today. The majority of the citizens in Germany knew that the injustice against the Jews were wrong. Yet only few stood up against it. Even

Germany's churches were subjected to Nazi pressure. Otherwise, with the exception of a few brave isolated clergymen, the churches rarely spoke out against the regime. The regime's chief victims--Jews, Communists, Socialists, labor leaders, and writers--generally had not been close to the churches, and their persecution was witnessed in silence.

Unknown Author

*First they came for the Communists,
and I didn't speak up,
because I wasn't a Communist.
Then they came for the Jews,
and I didn't speak up,
because I wasn't a Jew.
Then they came for the Catholics,
and I didn't speak up,
because I was a Protestant.
Then they came for me,
and by that time there was no one
left to speak up for me.*

Even today as of this moment, your conscious choices will determine the tribulations of the future. The prophecies of the past are simply a sample of our *likely* future. Each and every one of us has an infinite amount of future to choose from, what the prophets of the past saw was base upon the assumption that the civilization will continue with its trend. We do not have to choose to experience the prophecy if people were to be more conscious of their actions.

Today, there are starving children all around the world, which we choose not to care about.¹² There are wives being beaten and we choose to ignore it. There are people that make enormous amount of money doing little contribution to the society while others are left to worry about their rent

¹² Go research about the covenant house for children and the atrocities some children have gone through.

payment. There are children in the streets that become prostitutes and criminals. The health care system in United State is unaffordable even for many middle class citizens. The education system is biased towards the rich. We are using up all the natural resources in the world and we are depleting the ozone layer.

We are ignoring the problems just like we always have. It is only a matter of time that the next great calamity will fall upon us by our own doing. People always ask god to change what is going wrong, why don't you start? Write to Congress that the government is hiding too much information from the citizens. Tell the Congress that they must make the necessary change. If the Congress will not listen to you, have ten people write. If the Congress will still not listen, have a thousand write. If the congress will still not listen, have a million write. Use yourself as an example, and be the light and truth for all of us. If you truly believe that what you wish is the truth, and the way, people will follow because you shall lead. You cannot be contested because truth is the only thing will never turn into a lie. Tell people that you are the way and tell people how it should be changed. Hitler did just that. Jesus did just that. Buddha did just that. It is completely up to you to do the same. It is completely up to you how you would do it.

The next tribulation is possibly coming soon. Civilizations much more advanced than ours have had been destroyed many times in the past. People in the past were mainly concerned with their personal affairs very similar to our society today. When people start growing apart from each other, great calamities will come. We are reaching a time where we have the technology to self-destruct. If we are not careful with our biotechnology, a dangerous virus could stand to kill the entire human race. If we do not stop the nuclear proliferations, a nuclear war in the future will be inevitable. If we do not stand together, we shall fall apart just like all great civilizations of the past. The visions of the prophets saw horrified images of the future and warned us against choosing such an outcome. We have heard the warning, we are simply not listening.

If you consider the judgment day as the end of the world scenario, it is a very possible outcome for the human race. We are destroying the planet out of our own ignorance. We are using up all the resources out of greed, and we are polluting our environment out of lack of care. What we have done will have its consequences. Everything has consequences. The only difference is the time it takes for the consequences to occur.

I want you to note that I am not making judgment on whether the end of the world is a *good or bad* event. It is simply a very possible event that we are heading towards. The key to understand here is not whether some events might happen, it is what events you choose to experience. I simply showed you what would happen if you do nothing. Hopefully you have been noticing the theme by now, what do you choose? What do you choose? What do you choose?

Neon Genesis Evangelion¹³

If you simply look at the universe from your soul's perspective, who cares if the end of the world will occur in your life time? You have chosen to be born for the events that will happen to you. You have chosen to experience every event. You have chosen an event when you choose otherwise. You have chosen an event which you take over the world, live in poverty, have sex with every man and woman, serve hamburgers all day. If you choose to stop world hunger, end it now because there is a world where it is over. If you wish to end our next tribulation, end it. If enough people choose it, mountains could be moved, world hunger could end, world peace would start, and tribulations would never come.

There is a world where you can do anything simply by jumping from one world to another. If you truly understand the matrix, you can make the blind see, and the deaf hear, walk on water like Jesus, and fly like Neo in the matrix. This is how the real matrix work and it was *you* that created it. We simply forced us to forget about the matrix to enter the game. Because we have forgotten about the matrix, we follow the rules we learned in our physical life time. We are all brainwashed by the society to think in a certain way. We are brainwashed to care only about our affairs. We are brainwashed to think what is beautiful and what is ugly. Basically, every adjective you have ever used is a result of the societal influence. This influence creates boundaries for us and we became ignorant within the box we drew for ourselves. Read chapter five and start thinking outside of the box our society has created. This is box is your own box of the boundaries you have drawn for yourself and it is the box that keeps you ignorant.

¹³ *This is an amazing anime story that talks about this concept of choosing your world*

Due to our ignorance, the society brainwashed us to think that sex is dirty, god has a final judgment, and that the devil exists.

Wait a second, what did I just say? Are you bothered by my previous statement? Yes, I am saying that these three beliefs are completely inaccurate from the truth. Not only are they inaccurate, they are precisely the cause for the majority of our problems in the society.

Let me first take up sex since it always has been the topic of interest. If there is only one statement I can use to un-brainwash the society is this statement.

Don't feel ashamed over any sexual urges you have.

The entire study of Sigmund Freud is based upon repressed sexual urges. When a man sees an attractive woman, his id probably has an instant sexual attraction towards her. The ego adjusts the id by giving it logical reasons why grabbing a random woman to have instant sex might have negative side effects, and the superego castigates the man to have such an *improper* thought. It is exactly this superego that is doing the repression. The ego gives logical reason why you might not choose to have a specific experience, but the superego judges you for your feelings. It is this judgment of yourself that you force your natural feeling to be repressed. Over time, overly repressed people will explode. This is why the entire field of Sigmund Freud works for so many people.

The movie psycho is a perfect example of this idea.

Yes, it is ok to want to masturbate. It is ok to touch your pee pee or wee wee. It is ok to want to have sex with your parents or your siblings. (Oedipus and Electra complex)¹⁴ It is not the urges that make you feel dirty, it is judgment of the society that has convinced you to feel dirty. Your feelings are not a complex or a sickness, it is a natural feeling that everybody has and everybody represses. By oppressing your feeling, it will only make

¹⁴ Psychologists view this desire as a mental complex. You can do a quick research on google to see what the big fuss is all about.

you feel sick and depressed. **All your feelings you have felt since you are young are all ok, there is nothing wrong with you.** You are not less perfect for feeling a certain way. God does not love you less or hate you more. God will not judge you for these feelings. God has created you for who you are and she will not judge her own creation. By judging his own creation he is judging himself. Don't ever feel guilty to feel a certain way. If you are sad, be sad. If you are angry, be angry. If you are horny, be horny. God does not prefer one way or another. In god's infinite wisdom, she knows that eventually you'll get bored and just be happy.

How you manifest these feeling is the key. You might not choose to experience something because it will have negative side effects. You might be ignorant of how your actions are affecting people. But that is ok. How would you know that you could hurt people if you never have? The name of the game here is growth. Everybody is on the same path, and every point on the path is just as important. So never ever blame yourself for having these feelings. Your feelings are direct manifestations of you. It is not your fault to feel this way. You are not bad. You are not dirty. You are not evil.

It is not your fault

It is not your fault

It is not your fault

It is not your fault

It is not your fault

It is not your fault

It is not your fault

The society has taught us to be ashamed of our body. Adam and Eve saw their naked bodies and they were ashamed. Parents hide all sex from their kids. Parents refuse to call penis and vagina by its proper name. Public

affection is frowned upon. Why are people so afraid of sexuality? Why is everybody hiding sex? What is there to hide? We hide sex, but we show our kids violent movies. We hide sex, but we allow our kids to play video games that hacks each other's head off. Does this mean that parents rather have a violent and belligerent child over a horny child? People only hide things they are ashamed of and kids will get that idea. Children are learned to repress their sexuality at a young age due to the entire societal influence. If it is something that everybody is hiding, it will only make the kids more curious and fearful of it.

Fortunately most children grow up learning that sex is not bad, *not bad at all*. They immediately come to a paradox why something so good could be bad. Why god would give us something so good and punishes us for wanting to follow our natural feelings. From this realization, it is likely that many overly repressed children will have resentment towards their society. Some people deal with the realization well, and some others never get over it their entire life. Most people simply continue to repress this with their own kids as well.

It is almost too funny that people repress sexuality for religious purposes. Do you think god is offended to see you have sex even if it is in public? Do you think that god cannot see you having sex in the bedroom? How many bedrooms have you been in? God has been in *every one* of them. Do you think god has never seen *kinky* sex? You cannot even begin to imagine what god has seen in the bedrooms. There is nothing that god has not seen and there is nothing that could surprise god. There is nothing that is outside of god's plan so how can god get offended when he already expected everything? God doesn't get mad or offended so why should you feel guilty over sex?

So have lots of sex. Enjoy sex as much as you enjoy life. Just remember that sex is only a tool for you to express "who you are." It is not something to be abused. It is something to be cherished and respected. When you lose love, that's when sex becomes meaningless. Meaningless sex and judgmental sex is the problem that our society has, not sex itself.

Have you ever wondered why many countries with less sexual repression have much less rape? Just go do your own research on the Roman Catholic sex scandals; it is the most repressed religion and the scandals are

the very prove of its inefficiency. Sexuality was given to us by god and to hide it and suppress it will only go against what was meant to be.

Now many people would defend the reason why we hide sex from our children. Most parents probably think that children should not be having sex in the first place. They are not old enough and responsible enough, so they should avoid it all together. Celibacy is the best way to avoid pregnancy. I will tell you nay. However, this is going into a much bigger discussion which I will not cover here. How to solve this problem has been discussed already extensively in the book “Conversations of god.” The book will cover many of the similar topics that I also cover in more detail but less scientifically. The solution requires our current broken society to evolve to a higher level of consciousness. It is a much bigger topic which I might get to in a later chapter.

At this point, many readers might wonder why so many highly enlightened masters preach celibacy. I want to explain that they do not see sex as a lesser form. They simply have let it go because they found a greater pleasure in enlightenment. In the study of moving energy within the body we learned that it is possible to achieve an orgasm of the soul. Yes, your body can have an orgasm and so can your soul. This orgasm is infinitely more powerful than sexual orgasm. Although this form of orgasm is more powerful it is not considered more or less than regular sex. You see, opposite must always exist. Without the low, you can never achieve high. Once you have stayed in high long enough, you must go back to the low so you can appreciate the high. The two must co-exist simultaneously.

Now what about the question of god’s judgment on us? If you have been reading all the way up till this point, I cannot emphasize more on how god does not judge us. God’s creation must be perfect and therefore god. How can god judge god himself? Let’s think about this logically. God has given us a free will. Free will means that we have the *option* to choose for ourselves. If god gives us two options, with the condition that one will result in eternal burning of hell. Is god really giving us an unbiased free will? If god *really* wants us to follow his will, can he not just snap his finger and we will all follow immediately? Do you see how the concept of a final judgment makes god a judgmental god? It makes god a vengeful god. It makes god a god that is not powerful enough to make us listen. **God is none of these.** This mode of thinking aliens god from people. It makes people think that god is unfair and makes no sense. This is simply not true; god will never expect you to do something impossible.

Now I must face the last question. The devil only exists in the mind of men. The simple fact that people believe in the devil is a mockery to god. Is god so incompetent that he cannot control the devil? Is god so weak that he cannot stop all suffering? Is it like god to *accidentally* create an angel that will rebel? No matter how you analyze the question, you either end up with an incompetent god that messes up all the time, or an evil god that wants bad thing to happen to good people. Although god cannot be offended nor can his feeling be hurt, **our logic is obviously wrong**. Our logic leaves god powerless to control the universe. We have created a creature that is as powerful as god that is capable of not following god's will. This is impossible. If so, we have pictured a much lesser god. If you think god can get mad over your little mistakes, and use devil to punish you. You are imagining a much lesser god. This is why people have to use the phrase that god works in mysterious ways. I will tell you otherwise, there is nothing that god does that has no logical reason. We simply make up our own reasons and call them god's intention.

God is all powerful and nothing that is happening is an accident. Remember the great dichotomy that we created? It was invented by *you* as a measuring stick. It is only a measuring stick like the theory of relativity, it is not real. In the beginning god is good and god is evil. God is happy and god is sad. Except at that time, evil didn't exist and sadness didn't exist. Evil never existed and it still doesn't exist. If you would spent enough time to think about evil, you will realize that any body that performs evil deeds is due to the desire for something else. This extreme form of desiring, might it be power, money, or lust is still a form of love. Everything in the universe is derived from love, even hatred and evilness. This is the ultimate truth, which you truly are. You are god, the truth, life, and pure love.

While we are on this topic, let me also answer the question of when all these will end. Yes, there is a set time when the entire universe will die. If we take the most obvious judgment day, the end of the universe, we would all agree that this would be the end of all physical life; even spirits. We know scientifically that the universe will die someday. There simply isn't enough energy to sustain the universe forever.

According to the most recently accepted theories, the universe is an expanding universe. According to the big bang theory, approximately around 15 billion years ago the universe was started by a tremendous explosion. We call the explosion today the big bang.

The origin of the Big Bang theory can be credited to Edwin Hubble. Hubble was the first man to observe that the universe is continuously expanding. Not only is the universe expanding, it is expanding at a proportion that insinuated that it had a single origin. This observation means that it has taken every galaxy the same amount of time to move from a common starting position to its current position. From these observations, Hubble laid the foundations for the Big Bang theory.

From this theory many scientists are also trying to determine how the universe will end. There are currently two controversial theories that are mostly debated over. One theory states that the universe will continuously expand and get colder and colder until it freezes. The sun will eventually burned out and there will be no more heat in the universe. This is when even hell will free over. The second theory states that energy will stop sustaining the expansion and gravity would take over. When this happens, the entire universe will collapse back into singularity like a black hole. This is called the big crunch. Our planet will collide with millions and millions of stars and we will all burn to death. There will be nothing that could escape this reunification; all energy will unite back into one.

Although this has not been scientifically proven, I will tell you exactly what will happen. The universe will contract like the second theory and all energy will return to the source. This is when all matter, all energy, and all of everything returns back to god. This is the end of our time and god has taken everything back. The good news is that even if you have been stuck in hell for billions of years, this is when you inevitably return back to god. If you consider anything as the judgment day and the end is this moment.

Some say the world will end in fire.

Some say in ice

From what I've tasted of desire

I hold with those who favor fire

Robert Frost

So what happens after? The universe will once again explode and we will start all over again. The universe will expand and contract forever and ever. This is the heart beat of god. This is the restart button for god.

Now that you know, you realize that you have infinity to do anything you want. Along the way, you will do many things you don't want because you think you are forced to. You might think you have obligations although they are only illusions. I tell you that you have no obligations except to god. And this obligation is to be you.

Chapter 11

Life after death

People are afraid of death only because they don't remember what happens after they die. The answer is simple, you go to heaven.

Of course, if you have been reading up till this point, you would realize quickly that this statement basically says nothing. Since there is only god, and everything is inside god, everywhere is heaven and the kingdom of god. So there is only heaven everywhere. Even if you don't think you are in heaven, this is only because you are judging the place as not being heaven. So by changing your judgment you could potentially make eternal burning hell as heaven. Everywhere is heaven if you simply say so. So as you can see, this chapter might be a little longer than a paragraph.

In the past, I have talked about how you are the creator of your reality and you live through the consequences of your creations. The way you create reality is through the power of thinking. Just like god, you can create your reality simply by thinking. After you have decided to think in a certain way, your actions proceed and the universe shifts along with what you have thought. After some time, you will experience what you have thought. This is why it is so important to monitor your thoughts. I cannot emphasize more how your judgment of your current state will control which universe you end up. The only reason why most people don't realize this is because it takes a while to manifest. In the meantime, you might decide that it is not as important anymore. You might shift your priorities. Due to all these reasons, people seldom realize how their thoughts are controlling their actions, and future universes. If you don't monitor your thoughts, you do not have control over your destiny. As a result, your future state would be controlled by how the society has taught you. The less control a person has over their random thoughts, the less control the person has over their future state.

The same thing happens in the spirit world. The only difference is that time doesn't exist. This is when it gets scary for some people. Just imagine every single thought you ever had comes true instantly. Yes, everything comes true instantly. You think about hell, you will be in hell. From what you have been taught, you think about how hot hell is. You will start burning. You starting thinking about evil people, they will start showing up. You think that evil people will hurt you; they will hurt you and tear you apart. You ask to be saved and you will be saved. It doesn't matter who you ask. You can ask god, Jesus, Buddha, your father, your mother, or even me. As long as you believe the person or entity has the power to save you, you will be saved.

If you think about a computer, you will see a computer. If you think that the computer would eat you. The computer will eat you. You think about a knife, you will see a knife. You think about how that knife would kill somebody you dislike, you would kill that person you dislike. You think about rape, and you are raped.

Do you realize how I am showing you the power of random thoughts and how important for you to control it? In the physical world, it takes a while for your thoughts to manifest, but it is especially important to control your thoughts in the spirit world. Everybody thinks about something, and that thought leads to another and another. You will end up in a world of chaos where your entire universe could turn into your worse nightmare.

Of course, I am only naming events that most people would consider negative. The glass is always half full and half empty. Not being able to control your random thoughts could be great for some people. They could choose to see their friends and love ones and they would see them. They could think about being a king and have sex with every beautiful woman possible. They could think about achieving what they always wanted. Even if you cannot control your thoughts, being an optimist sometimes is good enough.

This is the first level which many people would consider hell. Being in this state is completely up to your ability to control your reality. Your ability to control the reality is based purely on your ability to control your thoughts. Being able to control your thoughts allows you to pick and choose what experiences you want next. Spirits that ends up in this level learns very quickly to monitor their thoughts. They will realize very quickly that

thinking is reality itself. By the way, when I say learn quickly it has no time requirements. For some spirits it could take less than a split human second, or it could take hundred and hundred of human years. When I say quickly, it simply means quicker than the physical world.

Fortunately it is rather rare that people end up in this level nowadays. Many human souls on earth already have lived hundred and hundred of lives so most souls already have *some* experience. On top of that, the soul that has become more enlightened over the centuries has formed communities in the spirit world where they assign guides for the souls that just crossed over. So when you die, it is likely that somebody will come and get you, snap you out of it in another words. I guess if you happen to have a rather hands off guide and you are rather pessimistic; you might still end up in this chaotic state. But don't worry, you are never abandoned.

In the beginning when we just made the decision to *forget*, it was a mess. The souls were bumping into each other all confused. It was like we were all drunk. Over the reincarnation cycles, some souls remembered more and started forming communities in the spirit world. It is this spirit world that most of our religions refer to as heaven. In this world, you are not judged no matter what you have done in your physical life. You are loved unconditionally by your friends, and there is no one that you do not love. The purpose of the communities is for the spirits to help other spirits to achieve self-actualization.

It is pretty interesting how things were set up. We actually made ourselves forget on two levels. We forget in the spirit level as well as the physical world level. In the physical world, we remember our current life but it's not likely that we will remember our past lives. In the spirit world, we might not remember that we are the creator, but we remember in between lives. We remember all the way from our first life. So throughout each life, the source guides us towards perfection. We go through the process of evolution until we reach god again. This is the game.

Oops, I have left out a level before the first level. I guess I can call this level zero. What we call them really doesn't matter. Right after you leave your physical body, the more experienced souls leave immediately, while the less experienced souls tend to fall into a state of confusion. They know that they are still conscious but they see their dead body in front of them. Out of confusion and a lack of guide, this is when the soul might end up in the first

level of chaos. Like I have said, this is very unlikely these days. Most of the time, they tend to choose to see their love ones. They might want to comfort their love ones before they leave. They might want to appear in front of them for the last time to let them know that he or she is still living. There are many techniques that the soul can convey the idea that they are still living. This is why there are so many stories about seeing the recently deceased. When you have dreams about them, it is normally a method which they are trying to communicate with you.

In other more extreme cases, they might refuse to leave the place of their death. This is when they become ghosts. Some souls might have experienced such a traumatic death that they don't seem to be able to let go. Not all ghosts are caused by violent death. Some souls wanted to stay simply because they really enjoyed a certain time of their life. If you do a little research into haunted navy ships, you would be surprised how many happy ghosts stay in the ships simply because it was their fondest memory. Some souls even choose to go back to the physical body. This is why we hear so much about near death experiences. For whatever the reason, the soul upon leaving the body can choose to experience and see anything they desire. Keep in mind that time doesn't exist in the spirit world. The ghost that haunted the Tower of London for hundreds of years could only feel as if it was a couple of days. It is whenever the souls are bored with their current state that the guide shows up and take them home.

The second level is very similar to the first level except the events are controlled by the mind. People with strong convictions tend to go to this place. A person might have a strong believe of how the heaven should be and they recreate the heaven. Similar people also recreate their own hell. The biggest difference between this level and the first chaotic level is that the experience is based on their strong conviction of afterlife. What they see and what they experience is based upon their believe system and therefore that is their world. Because they have such a strong conviction, it is difficult sometimes for their guide to help them.

Very often ministers will go to this level of consciousness and experience the heaven they have always imagined. They will be loved and everything is provided at no cost except one rule. The love is not unconditional, a set of strict rules must be followed or they will be caste out of their heaven. Do you see how this is very similar to what most people believe about heaven and god? Our religion teaches us that god's love is conditional and we must follow in order for us to be in heaven. Fortunately,

this is not true, god's love is unconditional and sooner or later everybody realizes this.

This brings us up to our third level. I think the best name for this level of consciousness is the collective consciousness. This is when the soul joins with the spirit community I mentioned. This level is built by human spirits and the entire structure mirrors the ones we have on earth. This community too has schools and different centers for different purposes. There are some souls that have evolved to a point that coming back to earth no longer serves their purpose. These masters remain as teachers in the spirit world that acts as a guide to the spirits.

When you enter the spirit community, your guide first heals your pains and your wounds from the physical world. Depending on the damage you incurred from the physical life, you will go through a period of recuperation. If you are not too badly damaged, your friends would likely throw you a big party. Yes, the idea of parties started in the spirit world. You will see your soul mates, all of them. All the friends you have made over thousands of lives you have lived will all be there. This is your homecoming and this is heaven.

After you will have a meeting with the more enlightened souls to discuss about the most recent life you just experienced. The purpose of the meeting is not punitive. You are not punished or castigated in any way. They simply go through your most current life to assist you on what you can do next. They might help to assist you in choosing your next life. This is when the idea of karma sets in. Although you are not forced in anyway, you are encouraged to experience the suffering you have inflicted on others. Physical experience is the fastest way to learn. This is because matter is a very dense form of energy. When this much energy has impacted your experience, you will learn much quicker.

Not all souls go directly to the next life or work all the time. For one, souls never feel that they are working because they have passion in what they do. Like I have mentioned so many times, nobody will force you to do anything. You don't need food to survive. You don't have to raise children. You have no responsibilities to anyone. You can choose to help other souls, hang out with friends, visit earth, or anything you want. You can recreate any scenario you have experienced in past lives over and over again. Since time doesn't exist in the spirit world, you can go back in time and experience

meeting your wife for the first time. You can re-experience anything you can possibly imagine. Your imagination is based upon your experiences. Your experiences are mostly impacted by your visit to earth. So the more memorable experiences you have, the more options you will have.

By understanding this concept, I urge you to be happy in life. Create as many magical moments where ever you go. Live in a constant moment of love by loving all that you see. Instead of waiting for love, go ahead and be the love that others are searching for. Have more passion in your life. Tell people good jokes. Have more sex and make more love. These are the moments which you will remember and want to come back. If you spent your whole life hating others, being angry, or live under constant fear, your soul would have no choice but to visit these experiences also. Remember this carefully, whenever you don't know how to feel about something, love, joy, and truth is the answer.

Eventually, you will get bored and want to come back to the physical form. No matter how good heaven is, it cannot exist without the feeling of being away from heaven. One cannot exist without its opposite. This is the great dichotomy, the theory of relativity, which you invented and Einstein discovered.

So at this point, you will be advised on the next path you should take. You will have the opportunity to experience your life before taking on the assignment. Your life is chosen by you and guided by more advanced souls. Now that you have a general idea of the matrix, this is when the matrix of your future is constructed.

This idea of choosing your own path has profound implications in our society. The most prominent example is homosexuality. It has been proven in lab tests that homosexuality is almost all biological. This means that the soul must have had a choice while they were picking out their future life. At this point, some readers might point out that "it was their fault" that they are homos. But if this was the case, these readers would have missed the whole point. It takes enormous amount of courage to purposely choose a life that is difficult. What most people doesn't see is that an easy life is not necessary the most advantageous usage of their life. If you started your life as a prince that became a king, the range for you to transcend and grow is limited. People always learn more when they swim against the stream. By choosing this life, they knew that they will be prejudiced upon. Their goal is

to transcend to the next level and grow faster. This same idea goes with all souls. Some souls might choose to be ugly, while other souls might choose to be disabled. This is probably why these souls tend to be the more advanced souls.

If you truly understand the situation, prejudice against anyone simply makes no sense. It is like playing chess with a much better player. Because they know they are going to win, they willingly choose to give up their queen even before the games starts. It is like playing basketball against Michael Jordan. Instead of playing with his full ability, Michael ties one hand behind his back. So by having prejudice against the less fortunate, you are laughing at souls that are much beyond your understanding. One day, you will also become advanced and see the meaning. You will willingly choose to be a homosexual, a disabled, ugly, and be crucified and prejudiced upon by millions.

Earth is nothing but a school for the souls to learn quickly. Earth is a rather tough school. Like I have mentioned before, it is nothing but an illusion, a video game simulation for learning. If you simply look at death from this perspective, you will realize why death never fazed all the great masters of the past. Jesus blessed the cross that he was nailed to. This is why all the masters were able to let go greed, pride and power. No matter how much money you have accumulated in your life time, they will all be gone. No matter how many countries you took over, you will die someday. Alexander the great died. Julius Caesar died. Rich or poor, beautiful or ugly, we will all die. In the end, just like a monopoly game, you have to let the money go because they are not real. The reason Jesus came back after three days was to show the world that there is an afterlife. Jesus wanted to show that it is not the life on earth that is important, but the life in the spirit world. Although we are individually here for different purposes, we ultimately wish to be reunited with god. This to us is going home.

Chapter 12

What is love?

This one time during a workshop, the class started discussing the definition of love. It was not surprising that everybody seemed to have a different definition. Some believed that it is when you care about someone a lot. It is when you find that person who makes you feel special and important. It is when you find someone fun, and can make you happy. In the end most people agreed that it simply is a magical feeling when you are with the right person.

This type of response is prevalent among children, young adults, and even adults. Love is simply a magical feeling. The reasons why so many people feel this way has its root in the upbringing of the society. Societies portray love in books, songs, movies and religion in almost infinite varieties. From these sources, love is sweet, bitter, painful, wonderful, sexy, and sometimes even hateful.

After being bombarded by a multitude of sources, people are left to make their own decisions. As a result, both adults and young children often come to the most obvious conclusion. Children learn that love is something that is earned and that you must act a certain way to be loved by someone. Let us, for a second, place ourselves in the position of a young child. When you were young, your parents gave you food when you were hungry, gave you shelter to live, and held you when you were scared. From this source kids learn from a very young age to correlate giving with love. What they observe at this age is correct because *giving is love*. However, kids also observe very quickly that only specific behaviors are worthy of rewards. If they don't act in a certain way, parents have a tendency of taking away rewards and instead punish when kids don't listen. Mommy won't let me have the candy if I don't clean my room. From this observation, giving and love suddenly become conditional in the eyes of children. Children learn that only certain behaviors will earn love while others won't. This is a lesson that will stay with most children for the rest of their lives. So from observing this

phenomenon, the system of rewards and punishments becomes the first reason why people believe love should be earned.

From these very same conditions people were taught; it only makes sense if they *too* have sets of requirements to love someone else. If I had to earn other's love, others must also earn my love. Anything that is absorbed within always reflects outward to the world. My mate must be blond, attractive, and rich. These are some of the exterior characteristics that people start forming. Because these characteristics are the most obvious to everyone, the first level of requirements is mostly based upon physical and material means. In our society today, we call the people in the first level of requirement "shallow people."

People in the second level think that the first level is shallow because the first level only judges superficial characteristics. Although people in the second level are still basing their love upon conditions, they think they have moved beyond physical measures. By noticing both inside and outside, most second levelers think that they see so much more than *shallow people*. Even though the second levelers now also consider what's inside a person, very few have let the first level go. They are simply adding more requirements for the person that is worthy of their love. At this level, besides physical attraction, people want their mate to make them feel special, feel happy, and feel important. They must be loyal and loving *inside*. And the most definite one, they must love you back.

The list could go on forever for all the requirements that people make up. As a result, fewer and fewer people are willing to love for the sake of love. People think that if love is not free, why should I give it away easily. On top of that, to love also means more opportunities to get hurt. Why would people increase their chances to get hurt? So instead, people spend their lives searching for someone that matches everything they are looking for. This is why people always say that there is so little love in the world today. Out of six and a half billion people one can love in this world, how many people do most people truly love? Nobody is willing to love, because so few people are worthy of their love.

From this perspective, we realize why it is so hard for people to find love. There are so many requirements. People even make up the concept of soul mates to represent the person that meets all the requirements they are

seeking. Because of this, love becomes a very specific condition and a need one is trying to fulfill.

*Your soul mate **must** be someone that could make you happy.*

*Your partner **has to** love no one else but you.*

*This person **needs** to love you back.*

Unless these requirements are met, very few people in our society would choose to love another. In other societies, the conditions might be different. However, no matter how the conditions change, it still doesn't change the fact that people need these requirements met before falling in love.

As a logical conclusion, the love that most people call love is based upon conditions. If the love is based upon conditions, no matter what the condition is, the love cannot be unconditional. Therefore, the love that most people know is conditional love that is based upon conditions/needs/requirements.

If most people's love is based upon conditions/needs/requirements, then most people's view on love must also be controlled by them. If a person's love is based on needs, then this person's perception of love must be controlled by those same needs. Therefore, if a person's love is based on needs, the needs actually control who the person will fall in love with. By observing this, most people really don't have much control over their love destiny. This is why some people feel as if they are at the mercy of love. Love is something confusing and uncontrollable.

There is a very important point that must be noticed here. What you feel most of the time is nothing but an illusion of need. We all have needs, and when they are fulfilled we are happy. We therefore correlate happiness with the fulfillment of needs. When we are hungry, somebody feeds us. When we have self-esteem needs, somebody makes us feel important. When we correlate that happiness with a specific person, we fall in love because our love is based upon need.

The reason why a love based upon need *could be* perceived as detrimental is because *needs change*. You might have fallen in love at a

specific time due to a need being fulfilled. After some time, you might feel that your needs are fulfilled and you are searching for the fulfillment of higher needs. At this point, if your mate cannot fulfill your need, you will grow distant from your mate over time in search of something else to fulfill the new need. This is how love fades. Even if both parties never once harmed the other, love based on a need will be ended by a new need that the partner simply cannot fulfill. At this point, whether two people stay together is completely up to them. Some people are afraid to be alone so they stay; others find somebody else to fulfill their need so they leave.

This is observable within our society today. There are many men out there who would date anyone just to fulfill their need for sex. Once this need is fulfilled, they don't treat their girlfriends as well. They start becoming distant unless they are looking for sex. There are women who are gold diggers. They are looking for men not based on unconditional love, but rather a need they want to fulfill. Many women say they are looking for a fun, nice guy, but this too is based on conditions. From these examples, you notice that our society has so deeply entrenched needs with love that people no longer can discern the two. The person who can **fulfill your needs** usually becomes the one that you love. Love in our society is literally this predictable.

I must make it clear that love based on needs is neither good nor bad. *It is no less special than unconditional love.* The feeling could be just as wonderful. It is simply a love that changes as fast as the moon, and the tide. **If you enter a loving relationship based on needs and expect a love that never changes, you might end up disillusioned.** This is when people get hurt and say that their partners have changed. If you have entered a relationship, love can never be constant because needs are never constant. By understanding this concept, you now can explain why America has such a high divorce rate.

Maslow's five needs

At this point, let us go over the needs so you can observe for yourself how the need system affects everybody around you. Although love based on need is a transient love, it is still love. It is simply not love itself but a subset

of love, which our society defines and recognizes. Up to this point, the psychologist named Abraham Maslow perhaps best characterizes the needs. According to Maslow, people have five essential needs that they want fulfilled.

The first level is the physiological need. These are the most basic biological needs that everybody has; such as food, water, air, sleep, etc. The fulfillment of these needs is critical for the survival of an individual. Without these needs being met, it is almost impossible for one to concentrate on other needs such as love and self-esteem.

This type of need is mostly prevalent among homeless third world country children. From living under constant poverty, people grow up fighting for survival. Resultantly, they equate love with money because money means survival. Although many people are able to rise above this understanding, it is not likely for the people that are constantly under the pressure of this need. Many young women become prostitutes while many young men become pimps. People's actions follow their need for survival. The reason why some women marry for money is because they need to secure their own survival as well as their children's survival.

Here in America, the constant pressure of survival is considerably less. As a result people tend to find love according to the fulfillment of higher needs. Women might still marry for money but for self-esteem reasons. Due to the social influence, men tend not to marry for money because they have the pressure of becoming providers. Although they correlate the ability to provide food with love, they tend not to seek women that can provide for them. Instead, they work hard so they can provide for the woman. In this case, they will attract and be attracted by women in the similar need range. Love on this basis is therefore formed.

The second type of need is the need for safety and stability. This is also easily observable within our society. Women with this need look for men that will not hurt them and will instead provide the stability they need. Many women share the fear of being physically abused. Very few women start their relationships thinking that they will be beaten. However, with so much domestic violence across every culture, not marrying a psycho is definitely a top priority. Women with this need form their love based around the concept of safety and stability. Love and protecting the ones you love is essentially no different for people under this need. This is why men in older

times would fight for the honor of their ladies. Many men today become strong, powerful, and successful because they want to make their families feels safe and secure.

The third level is the need for love and a sense of belonging. Women at this level tend to feel the need to belong to someone or something. Most women go through a time where they feel the need to get married. Women at this level search for men that are serious for marriage. This is a need that almost every woman will go through.¹⁵ Some women at this level correlate marriage with happiness. If you are one of the women that has this belief please realize that it is not true. Marriage does not equal happiness. Happiness is a state of mind; nobody can make another person happy. It is nobody's responsibility but yours to make yourself happy. I will tell both men and women out there in earnest that when you let others control your happiness, they control you. If you want to be happy, take the responsibility and control your own destiny. In this decision, you will find happiness.

Women at this level are rather demanding; besides marriages, they want a fun, exciting, guy that can show them passion and excitement. Some women at this level are searching for a grand love just like in movies and novels. It is a very difficult requirement for men. Since the majority of the women fall into this category in America, this is why women always say, "There are so few good single men out there."

Men at this level tend to see love as ownership instead of belonging. Having a nice home, a good wife, kids, and a dog might be a good version of what most men in this level might want. Some men see love also as companionship, while many others equate love with sex.

The forth need is self-esteem. Men at this level see a beautiful wife as a prize to be possessed. Women would look for attractive and successful men. Basically anything that can be done to boost the ego will be considered love for both men and women. Both men and women also have a yearning for attention. They want to feel important and special. As a result, people at this level correlate love with people that can make them feel special, important, and needed. They correlate the amount of attention they receive with how much they are loved. People at this level will work very hard to get

¹⁵ Just to point out the obvious for men, this is why saying "you'll never get married" during a date is one of the most unattractive things.

attention because they want to feel that they exist. Some might go as far as becoming a big-time criminal or a movie star.

The fifth level is the level of self-actualization. This is when people feel that they need to accomplish their purpose for this life. From the pattern up till this point, you can probably guess that they would be attracted to others that can help them fulfill this need.

Some people may confusedly think that they can only have one need at a time. This is not true. People can have a couple needs, or all five needs. The more needs that a person has, the more they are controlled by the same conditions. For example, it is very difficult to realize the meaning of life when you are starving to death. Each need tends to build on top of each other but people have repeatedly shown the ability to rise above the laws of psychology. It is my belief that people are amazing. They can defy any laws of nature when enough energy is used. It is my belief that there are more needs than these five, but for most cases, these five will probably be enough for you to observe.

Looking at love from this perspective helps us realize that most people's feelings are controlled by their subconscious needs. A master who understands these concepts would have the power to make almost anyone fall in love with him or herself. Not only can a master manipulate people's feelings, but they can also use these feelings to control the mind. It would be as easy as identifying or creating the need and then controlling the supply and demand.¹⁶ Not only can masters manipulate needs, they can also stimulate phenyl ethylamine¹⁷ which could then be correlated to love. Love at this point becomes nothing but biology. Subconscious hypnotism could do the same trick as well as the power of autosuggestion. These are all advanced applied psychology when used correctly could control a person's state of mind. I have not even scratched the surface on how many ways you can manipulate the feeling of love. Just go to the biggest bookstore and search for yourself. You will be surprised how many books are out there to teach you how to hook the opposite sex. This is why I continue to state that love derived from need is an illusion. It is love, but it is an illusion because it is not constant. It is something that is controlled by others, because love now

¹⁶ To most people, this statement would not make much sense. But if you spent some time thinking about it, you will realize how powerful this concept is in our need base society.

¹⁷ This is a natural body chemical similar to Amphetamine. It shoots up to your brain during arousal. Masters would use this state as an excuse to attribute the arousal as love.

depends on the others to fulfill the need. In the end, the needs will change and people will change. People end up living with someone for over ten years and one day not recognizing the person.

There are many people out there who believe that they will find happiness when they find love. This type of requirement comes directly from a need-based system of love. People become disappointed when love falls short of their expectations; when in reality, however, the expectation was simply an unreasonable illusion. Love based on needs and requirements has the tendency of fading while only unconditional love never fades. This is why all the masters choose unconditional love because it is the only way to love that is outside of the illusion. It is the only way to love that is outside of the illusion created by the matrix¹⁸.

Unconditional love

So how do you love unconditionally? This is the easiest way to love because the only condition for an unconditional love is that there are no conditions. You don't have to figure out if the person is worthy of your love. There is nothing to figure out; there are no rules to love. You simply love.

Love without conditions might be the scariest thought for some people because they feel the need to have their love returned. Have you ever noticed that when some people say, "I love you," the first thing they expect is that the other party says, "I love you" back? This is a deep fear that almost everybody has. What if the person doesn't love me back? I would be devastated. In unconditional love, it simply doesn't matter anymore if you are loved back. To love unconditionally, this need and all needs must be taken off like a mask. I want you to remember that you only need to be loved back because you were taught this way by the society and everything around you. Having someone love you back was never a prerequisite to love in the first place. Love without condition means that you don't even need to meet them or even know who they are. You cannot love someone only after knowing him or her, because the knowing itself would be a condition. You

¹⁸ To understand the matrix, you must first read chapter 1 through 3.

simply love everybody and everything and all that is without fear. This is unconditional love.

I always found it ironic that the concept of marriage instantly nullifies unconditional love. Marriage itself is a system based upon fear of loss. By exchanging rings and promising to love until death, people's fear of losing the other party should then ease. Why do you think women find men that don't want to get married unattractive? Most women are afraid that without a promise, their man would leave. Women want a man that is willing to make the promise that will ease their fear and insecurity.

Ironically, by binding a marriage with a promise, it instantly makes love conditional. It instantly makes love a love based upon fear and need. Love in this case takes on the condition of a promise, a **have to**. When free will turns into a have to, love can no longer be unconditional. Some of us might have observed this in our society. Some people feel as if they are trapped in a marriage. The need has gone away, love has faded, yet they made a promise. As a matter of fact, people could choose to let the love fade when the vow is broken. Not all the people do, but upon observing our divorce rate, more than enough people do.

Many readers will be offended and feel like I am bashing marriage. I am certainly not. Many women that have read this section expressed how much easier it is for men to live without worries. The most prominent points brought out by women were definitely valid.

It is women who are more likely to be physically abused during a marriage. It is women who must carry children alone if the father decides to leave. Who is going to help a single women raise her kids when her irresponsible man leaves? How can any one blame the woman for wanting to protect themselves and their children? It would be a horrible idea to enter a relationship without a promise for women.

If the claim that marriage makes love unconditional offends you, it was not my intention to make you feel this way. All I said was that you cannot have conditions in unconditional love. The concerns that most women have are valid. However, this is only because of the structure of our society. Our society is arranged so that raising a child is difficult. I, however, envision a much different society where these concerns will no longer exist. What if society was arranged so that somebody would always look after your

children? What if *you* would be taken care of no matter what? What if you are never alone against your choice? Would this change your mind about marriage? The problem here is not my definition, but the structure of our society. Conditional love is still conditional no matter how much more difficult it is to love unconditionally.

In this section, I am stating the truth without any bias or judgment. I agree that currently the society has arranged itself so that women are in a disadvantageous position. Nevertheless, marriage is still based on fear and conditional love. You cannot turn conditional love into unconditional by needing a promise. This *need* for a promise instantly becomes a condition. If there is a condition, unconditional love cannot exist. This is all that I am saying.

The situation we have here is that people don't believe that another person would spend the rest of their life with them without a promise. People are afraid that without a ring, someone might come and take their partners away. The ring therefore becomes a great tool to tell others that a person is taken. It also acts as a reminder for the person that they have made a promise. The ring is the symbol for the agreement to the conditions of marriage, till death do us apart. The ring therefore symbolizes the ultimate conditional love.

Instead of looking at marriage in a traditional sense, imagine a life-long partnership that requires no promises. Can you imagine a partner that is willing to stay with you even without a promise? Can you imagine having someone loving you for forty years not because they made a promise forty years ago, but simply because they want to be with you day after day for forty years? When you give people the free will to leave without the binding of a promise, you are giving them an opportunity to love you unconditionally. You are giving them the option to show their love day after day without obligation. They are with you because they *want* to be with you. When a promise is legally put in place in order for people to be together, something beautiful is lost.

In this book, I am simply showing you the path to a possible destination. If you choose this path, it is as simple as making the decision. If you choose a different path, it is no less special or holy. Even though I tell you that you are taking the long way because you will end up on this path sooner or later. You might want to take your time so you can see more and

experience more. You might choose to stay in the physical form because earth is just as beautiful as heaven. But one day when you realize that the love you call love is nothing but an illusion, you might decide to seek the truth. You can choose to let go the illusion anytime you want and it will be the perfect timing. You will not be loved any less whenever you choose. The truth will be the only thing always there when all illusion fades. The oceans may dry and the universe may die, but the truth will never turn into a lie. Sooner or later you will choose this path. But if you are not ready, my friend, take your time. God is not in a hurry because god has all the time in the world to wait for you. Yes, god is willing to wait for you at the edge of the universe and till the end of time if that's what it takes to see you again. This is unconditional love.

At this point, the discussion is still at a very high level. I still have not mentioned exactly what loving unconditionally entails. What is a love that's unconditional? What exactly do you do?

You give everyone and everything in the universe what they want.

My roommate walked into the room as just I finished writing the previous sentence. He looked at the question, and he looked at the answer. He laughed and said this is impossible. Nobody will ever be able to love unconditionally. How do you give everything away and still have more to give? What if you simply don't have what they need? Since desires are infinite, how do you fulfill infinity?

Hold your question for a second. Let me answer them the same way I answered my roommate. If we talk about humans, it is true that desires could be infinite. However, there are only a few things that people truly want. People say that they want money when in reality they really don't. They want the feeling of having money and what money could bring them. They don't want money itself. What good is money when it cannot get you anything? Money, like all things, is an illusion; it is not what people truly want. It is simply something that people say they want in place of what they really want. To love is to give others what they truly want. When it comes down to it, everybody wants to be happy. If you can make people realize that happiness comes from within their hearts and is not something people can make them feel, you have loved them unconditionally.

I understand that you must have so many more questions at this point. Before I continue, there are two fundamental concepts that are essential for you to understand about love. By understanding these two concepts, you should be able to answer all the questions yourself.

First, love is a force that moves the universe; **it is not the movement itself**. People always confuse love with the movement because only the movement can be observed. The force is all around us, but people refute its existence because it cannot be seen. The movement is only a byproduct of the force, but the movement and the force is never the same. When a force is pushed upon an object, the object doesn't necessarily move. From observing this, most people would say that no force was exerted. But they would be mistaken. Even if no movement resulted from the force, as long as the force was exerted, love was there. There is so much more to the concept of this universal force, but the closest thing that most people can picture is the concept of intention. *Love is an intention*. What's intended might not always happen, but if the intention was there, love was there.

At this point, some people might wonder what good is intention if it is not action. Without action, intention is worthless. This is not the correct way of thinking about intention. If a person says that they have *the intention* but did not exert force, the person therefore did not have the intention. *The person is therefore not saying the truth*. This is very different from if someone had the intention, but not enough force to make the change. If the intention was there, love was there. So if you choose to live within this state of intention at all times, you become pure love. With pure love, you will gather love from the entire universe to move a mountain for you.

The second concept is the repeating concept that *there is only one of us*. We are all one and not separated. I have spent chapters explaining this concept to you. If you have not read the chapter "I and the father are one," please do so. It is essential to understand this concept before starting see that we are all really just one. If you truly understand this concept, by unconditionally loving one person, one thing, or one of anything, you have loved the entire universe. When you love unconditionally, you simply love all that is near you and you have loved the entire universe. You do not have to travel to the edge of the universe, or solve world hunger. If your intention is love, then love all that you can see. This is unconditional love.

From these two concepts, you can answer all your questions about how it is possible to love the entire universe unconditionally and simultaneously. Think up any question of how it is impossible to love the entire universe, and these two concepts will prove that it is possible. Remember that these are absolute rules without exceptions. If you only love people in your family, then the condition is that they must be relatives. If you only love your boyfriend or girlfriend, your condition is based upon their relationship with you. If there is even one person who you choose not to love, you are imposing conditions on your love for everyone—even those whom you claim to love unconditionally. In this case, your love for your loved one is based on the condition of their not being the one who you do not love. In this light, loving unconditionally is only as simple as loving what is in front of you and as impossible as choosing not to.¹⁹

If you choose to love unconditionally, start now. When you see hunger, give food. When you see fear, give comfort. When you see darkness, give light. When you see illusions, give truth. When you see conditional love, be unconditional love. When the whole world hates someone, choose to love. When the whole world hurts someone, choose to heal. And when you see the whole world judging someone, choose to accept. Speak softly, act sweetly, and praise lavishly. Tell people they are perfect in your eyes. Tell someone that they are beautiful when the whole world calls them ugly. Be the comfort, light, and the truth. Kindness is the language that makes the blind see and the deaf hear. Live under these intentions and you shall never need to search for love because **you become what love is made of**. You become the love that people are searching for.

Beyond conditional and unconditional love

So far I have still not defined what love is. I have shown you two sides of love but that is not all that love is. By showing you that love exists as conditional and unconditional I have merely shown you a small portion of the love that people see. What most people see as love is so narrow within the true realm of love. Even within the subset of conditional love, what

¹⁹ Yes, this means that you love even people that are not particularly nice to you. But this is why it is unconditional.

humans see is still an infinitely small proportion. So now that I have built up enough suspense, **what is love?**

Love is everything. Everything that has happened, every thought you ever had, every feeling you ever felt. The illusion of love is love. The illusion of love is love that changes constantly but still love. Unconditional love is love. Even actions and feelings that have hurt you are love. When people kill, it is love. Hatred is love. Fear is love. Evilness is love. Everything is derived from love and is love itself.

Since so many readers have already been shocked by this book, I wonder how much more difficult it will be for them to accept that “**evilness**” **is love**. Let’s summarize some other crazy things I have told you. In the first couple chapters I told you that you are god and the creator of the matrix. I told you that everything is an illusion of the matrix and I told you how the matrix worked. I told you that you are perfect. I told you that you would live forever. I told you that god does not punish you unless you punish yourself. This is also because you are god. This is probably crazy enough for most people, so if you are still reading, I guess you are probably well desensitized.

It is good that you are still reading because hatred and love are really one. I am not lying. If you are still in shock, I see you have already forgotten what I reminded you a couple chapters ago. Hatred and love came from the divine dichotomy, which you invented and keep forgetting. It was your idea that opposites must co-exist to create the relativity. Without coldness, you cannot know how it feels to be warm. Without the people around you, you cannot define who you are. Everything is relative. What is high will become low when you go to a higher place. The divine dichotomy we talked about in the first couple chapters is precisely the element that creates all these illusions. What may seem evil to one is justice to another.

Would you kill if you were trying to defend your family? What if the person you are killing also has a family to defend? Does it make you a beast to kill?

Would you suffer an excruciating death to save ten people’s lives? If you say yes, this is an act of love for others. If you say no, this is an act of love for yourself. The ten people that will die of a painful death might think you are evil, they might even hate you. Their families might hate you, but your actions are derived right out of love.

Would you suffer an excruciating death to save a million people? If you say yes, it is an act of love. But if you say no, does it make you a monster? There is no such thing as evil because evil is only a relative term. Just like high and low, evilness can be good when you simply change the perspective. Evil does not exist. It is only an illusion of goodness. There is only selfishness, which by itself is still an act of love for the self.

Many readers at this point might catch on that the real difference between beneficial love and destructive love depends on whom you love. If you only love your physical self, this is a destructive love, which is the source of all suffering. This is why people think evilness exists. However, if you realize that you and I and any stranger you walk by are really the same person and the same soul, the way you love yourself will become a love for everyone else. Do you see how beautiful life would be if people were to realize this? There would be so much love to go around.

Just to prove to you why loving others gives us more love, let's do a little math. Go a head and picture three people in your head, Gwen, Hope and me. If each of us only loves ourselves, each of us will receive one love point. Gwen will only love herself, and so will Hope and I. This is a world with selfish people. Now imagine that instead of seeing ourselves as individuals, we see ourselves as part of the same being, and thus love each other as we do ourselves. This will give each one of us three love points.²⁰ Do you see how there will be so much more love to go around? Do the math, with six billion people on earth; we'll have so much love that we'll never run out of love.

The message is clear. Instead of spending the rest of your life in search of love, go be the love that people are searching for. Do you see how one perspective concentrates on yourself while the other concentrates on loving others? By changing your perspective, you can change destructive love into constructive love. Stop waiting for love to come to you and let yourself be the love that goes to others. Instead of being afraid that others won't love you back, ease other's fears by showing that *you will* love back.

²⁰ If you are a mathematician and a wise guy, let me tell you to take your time to think about the possibility of infinity. Each person has infinite love to give. There is no such thing as the conservation of love unless you say there is.

Instead of waiting for somebody to make you happy, be the one that makes other happy. Instead of search, simply be.²¹

If god is pure love, and god is everything, then love must also be everything.

²¹ This is a very critical point where these words could be misunderstood by millions of people. If we have an abusive relationship people might use unconditional love as an excuse to stay within the relationship. **Do not do that.** If you ever find yourself unhappy when you attempt to love unconditionally, you have misunderstood the meaning. To love someone unconditionally is to give someone what they truly want. **Not what they say they want.** It doesn't necessary gives an abusive partner what they want by staying within the relationship.

Chapter 13

Soul Mates

Since we just covered the topic of love in the previous chapter, it might make sense to also cover what soul mates are. This is probably also a good time to continue with the story of your life.

As the story goes, god created heaven and earth. Of course, this is only a metaphor. Now that we know the story, heaven is everywhere. But the heaven we are talking about here is really the spirit world while earth is the physical world. The souls in the spirit world cannot die. They are parts of god that have forgotten their identity. The goal is to go into the physical world to experience who god is and to define god. Once souls enter the physical world, they fall in love and some of them get married.

When these couples die loving each other, they realize they can continue loving each other forever in the spirit world as well as the physical world. So they beg the time masters and their guides to allow them to get married in the next life. This poses a problem since people have a free will. When the souls enter the physical body, they don't remember anything. Therefore, even if the time master has set up a scenario where the souls can meet and fall in love, people don't necessary have to choose it. Some souls will marry the soul they intended to marry for many lives. Other souls will meet new souls and realize that they love them as well.

Most people feel that soul mates are the perfect being meant for you but this is not true. They are prone to mistakes and habits that you might find annoy. They might reincarnate into someone you do not find attractive. Most people have raised soul mates to such a high pedestal, it becomes a false expectation. People feel that unless everything is perfect, the person cannot possibly be their soul mate. To most people's surprise, your soul mate is supposed to teach you the greatest lesson, instead of always being the perfect mate. Unfortunately, people learn the least when everything is already perfect.

In the current stage, most souls have more than one soul mate. This is not something bad in the spirit world. You can have as many soul mates as you want. As a matter of fact, it is god's intention for you to realize that everyone is your soul mate. Do you see how this works? You are not always going to choose the soul you intended to marry. But along the way, you fall in love with another soul. Eventually, you are going to fall in love with every soul. God knows that this is inevitable because this is the matrix that god created. This law within the matrix is called the law of large numbers. This is why I keep saying that you already love everything around you. You do love. You simply have not realized it.

Chapter 14

Social problems

Let me start from the beginning American history, since the origin of our social problems is a rather interesting story. It all started from one concept that is revered by the virtue of our country, **the freedom of individualism**.

We hold these truths to be self-evident: That all men are created equal; that they are endowed by their Creator with certain unalienable rights; that among these are life, liberty, and the pursuit of happiness;.....

Declaration of Independence

It is not much of a surprise that this concept formed the basis of American's thinking; since it formed the foundation of our country. The discovery of Americas was driven by the individualistic thinking of Columbus. When Columbus made a plea to Queen Isabella of Spain, he proposed a revolutionary idea of sailing towards the opposite direction (towards the west) to find India. Individualistic thinking in this case availed Columbus.

When I use the word individualism, it is a politic and social philosophy that emphasizes individual liberty. It is the belief in the primary importance of the individual and in the virtues of self-reliance and personal independence. It embraces opposition to authority and to all manners of controls over the individual. From this definition, it can be clearly seen that the history of our country has proven values in self-reliance, independence, and the concept of leaving the norm to think outside of the box. Americans want to be trend setters not trend followers.

During the great influx of immigrants, people from all around the world would leave their extended family²² lifestyle to come to America.

²² An extended family is a family system where most relatives live together. A nuclear family is a family that consists of the father, mother and the children.

During the great Industrial Revolution, millions of people left their life on the boring farmland to work in mills of the city. The “sweatshops” is probably a more proper term. Young adults in search of adventure rushed into the cities. The same phenomenon occurred during the gold rush in California. Even today, children are encouraged to leave home and become self-reliant after a specific age. Parents think that this is good for their children because it would toughen them up. As a result, it became a cultural reinforcement that self-reliance and individualism is *the way* in America.

Kids growing up generation after generation are lead to believe the system of individualism. Not only was it a philosophy, it became a question of survival. Although everybody surprisingly has equal opportunity to achieve; yet only the toughest, the strongest will get what they want in America. This has been observable throughout the history of America. There are immigrants that stepped into America dirt poor and made a fortune in the land of the free. There are people that started off rich and became impoverished. There are many self-made millionaires, and there are many people that never broke out of their situation. From seeing this occurrence time after time, it is obvious that the future of an individual is based solely on one’s personal strength. America became a battleground where everybody is proving themselves to be the strongest. Darwin’s law of survival of the fittest became the highest law of our land.

Like I have mentioned in the previous chapters, anything can be both good and bad depending on your perspective. If we look at individualism in terms of people taking responsibility of their fate, it empowers a person to control their destiny. Individualism also promotes competition. Competition promotes innovation and advancement so the society could grow technologically. Individualism promotes thinking outside of the box. When the old systems no longer work, instead of conforming to the antiquated system, individualism steps in to provide a new solution. In every technological and political front, individualism transformed United States into an empire.

Yet individualism promotes the separation between people

However, there is an equally powerful flipside to individualism that our society ignores. By promoting competition, the survival of the fittest, individualism divides people into *individuals* and forces people to see each other as competitors. Because life became a competition, people grow up

convinced of the need to be better. The structure of our society is precisely formed around this concept. We have the best universities for the brightest students. The best looking girls tend to get the boy of their choice. Marrying a rich husband promises an easier life. In a world of individualism, *becoming the best, having more, being more beautiful* becomes the philosophical way of life.

Individualism promotes superficial pursuits

Even our school system is structured around survival of the fittest. The entire purpose of our grading system is to distinguish the best and the worst students. By getting a good grade, it ensures a better university education. With a more prominent university education, people are more likely to get a better job. This ensures a higher paying salary. So by looking at the situation under this light, the best and the brightest do have a better chance of survival. As a result, schools emphasize on turning students into specialists so they can make money. In the end, money became the purpose of education instead of education itself. Students enter college thinking that a University degree is the only way to earn a decent living. The purpose of colleges is no longer about higher education, but a question of survival.

Just look at what our kids are learning at such a young age. The school system literally jams an enormous amount of information in the shortest time possible. With this much information being taught in the school, yet so little has much to do with living. Kids are taught in colleges how to build bombs before they learn how to get along with others. Kids grow up becoming experts in their chosen field, and yet completely ignorant with the world that surrounds them. People can solve second order differential equations but they didn't learn how to feel good about themselves. In the pursuit of money, people lost their identities as people. People no longer live but exist as a tool for the society. That is what the school systems are doing to our kids; turning them into tools. American education forces people to become experts in their field, sharp tools, but forgets how to teach children how to accept others, how to have a good self-esteem, how to love, how to control anger, how to see life as beautiful, how to be happy, how to be people.²³ I guess none of that is really important since they cannot get you a good job.

Our education system doesn't teach our children how to live as a member of the society; instead they teach how to make money

People learn to equate good universities with good jobs, money and happiness. From this perspective, universities became a gateway to good jobs in America. With the influx of demand, it is inevitable that the price of universities increases. With an increase of tuition, less and less children from the lower income family can attend to these schools. Only the brightest students from that class can get scholarships, while the rest misses out an education that only the rich could afford. This trend will continue so that even the middle class will struggle with the tuition.

Our universities are over priced

The structure of our society makes conformation almost inevitable even for the people that see through the system. Since the system runs on the survival of the fittest, if a person does not conform to the system, the person simply cannot survive. The person cannot raise a family, or even send their children to universities. As a result many people are forced into occupations they cannot leave. This is why so many people hate their job in America. People have to stay with their job because they need money.

It is an American pandemic that people do not enjoy their job.

Many people might claim that these lessons on life should be taught at home. Lessons such as how to have a good self-esteem and to have self confidence should be lessons taught by the parents. For people with these claims, I would ask to consider another perspective. *Parents are children themselves too.*

Almost all people become parents before they have found their own truth, before they are comfortable in their own skin. Almost all parents are incompetent in controlling their own feelings at all times, their pride, their prejudice, and their anger. Most never even learned the implication of how happiness comes from within. Parents are people too, with the same weakness, fears and insecurities. Children at young age learn mostly by osmosis. They literally learn what they see. As a result, parent's weakness, insecurity, and fears become the first influence in a child's life. This is

happening in a subconscious level. Most parents don't realize the impact their own actions have on a child.

Please take a moment to consider this perspective to yourself. Are most parents in twenties and thirties ready for truth teaching? When most parents are not ready to be parents, this has an enormous impact on the outcome of our next generation. For most people, at age as young as twenties and forties should be a time of truth searching, and probably not a time of truth teaching.

For many readers at this point, a dilemma might arise. Our human biology prevents us from having children if we were to wait until total maturity; of which some of us might never reach in this lifetime. This is very true and I am not proposing that people should wait until forties and fifties to have children. I am saying that most parents are not equipped with the knowledge to properly teach the young. I am saying that parenthood and the school system could and should be improved.

The education of the posterity should be the most important concentration for any civilization. This is because they are the future. As soon as the education system itself goes astray, the future of the entire civilization degrades. For a necessity as important as education, the government really should provide more help to the parents as well as the school system. The government should provide free learning opportunities on parenthood. Better yet, the elders of each region should help out in the raising of children. This way, the parents themselves are never alone.

The key here is that parents need more help in raising a child. It is not an easy job especially for today's society. In some societies, communities formed where everybody knew each other by first name. As a result people helped each other more. In our communities, many people don't even know who is living in the same apartment, not to mention knowing everybody's first name. People live in gigantic cities full of people, yet people can still feel alone. It is time that sense of community to come back. Instead of pushing the elders into nursing homes, a program could be set up for them to be an invaluable asset in helping the young parents in raising children. It doesn't matter the method to accomplish the goal. Parents need more help.

Besides parenthood, we also need more qualified teacher as role models in our schools. The teachers in our school must spend more time

learning **how to be a good teacher**, instead of just knowing the material. There are too many teachers that **know** the subject well, but never learned how to have patience, arouse interest, or make learning fun. Learning is not about getting good grades, doing well on tests, or even making money. Learning is about seeing how “cool” everything really is. When you learn how to design a robot, write a novel, discuss history, or play Mozart on the piano, you are experiencing the beauty of life. It is one of the greatest pleasures, yet our school system has done a fine job in pushing students away from learning.

Our teachers are under trained and under paid. They don't receive the same respect as lawyers, doctors, or even professional ball players because they earn less. How ironic it is that the most important profession in the society is the least well paid. We have professional sports athletes that make millions for hitting a small white ball. The teachers that will affect the lives of millions of children get paid a fraction of a single athlete. As a society, our values are placed on the wrong place. It is the future of our children that truly matters, not the team that will win the next SuperBowl.

The teachers within the systems must also be trained more rigorously. Similar to a medical program in the United States, the teachers should go through training in understanding the psychology of children as well as adults. Teachers should be trained on how to have patience, how to inspire interest, how to make learning fun.

Individualism part 2

Along with individualism came the idea of self interest. Self interest in a more extreme form becomes selfishness. During the great industrial revolution of America, the owners of mill yards created the first sweatshop of America. The workers were over worked and under paid. The only concern the owner had was the profit, not how poorly the worker's lived. Individualism has tendencies to breeds selfishness because the concentration is on the self. In order for self interest to flourish, others must be suppressed to support the system. Do you see how this system works? The owners must suppress the workers in order to continue the profit. If the works have enough money, they would not be working. If the workers are not working,

nobody would make the owner rich. In order for the rich to exist, a large population of the poor must support the system. For the rich to care about the interests of the poor is a sense cutting their own wealth in an individualistic society.

From understanding the affects of individualism, we can see that it is the essence of capitalism. Pure capitalism is the essence of pure self interest. Of course, America is not a pure capitalistic society. If the government had stick of a pure capitalistic approach, the country would have collapsed a long time ago. With capitalism, it requires a system that attempts to widen the gap between the rich and the poor. In order for the rich to exist, the poor must also exist to work and support the rich.

This could be easily seen by our banking system. Let's say you are the rich and I am the poor. You put a million dollars into the bank so you can collect a large sum of interest each year. I am poor so I have to borrow money from the bank. The bank charges me a higher interest. At this instant, not only am I in debt, I am working to pay the interest that that is going to the rich. While all this time, the rich is doing nothing besides collect money off my work. Why do you think the rich gets richer while the poor gets poorer?

Take a look at our health care system. The insurance companies control many aspects of America. All of the sudden, everything requires an insurance; your hours, your life, and your health. Especially the health care system, it is so expensive that people are forced into buying insurance. Yet the price of a comprehensive insurance is itself expensive so people are forced to rely on working in big companies. Do you see how our health care system forces people to work under the rich company owners? Not only do the insurance companies force people to work for big companies, they control the pricing of the health care as well as the government. For a country as rich as the United States, why is the same drug cheaper in other countries. This is because companies believe in making the most profit through supply and demand. The medical industry has lost its meaning in saving people's lives; instead it became an industry of money. There are hospitals that would refuse to help a dying patient simply because they didn't have insurance. How our society did turned people this way is beyond comprehension? What does it take to see someone dying and not help because they have no insurance? Our health system must be changed. People should not have to pay just to survive. Our government is allowing the insurance companies to oppress the citizens, run the medical field, and run the government. This type of oppressive government was not what our founding fathers had imagined.

It is therefore the right of the people to alter or abolish the current laws and to institute a new system.

For this change to occur, it takes people's consciousness. It takes your consciousness to desire its end goal. Imagine a mother watching her baby sick but cannot afford the doctor. Imagine your wife dying but you did not have insurance. This is happening every single day even as you reading sentence. What is wrong with this picture? Why is our government allowing this to happen? Why are we allowing this to happen? When is it time for us to realize that the current system no longer serve the citizens? Instead it is oppressing the citizens.

We need universal health care system

The reason why pure capitalism cannot survive forever could be proven mathematically. Instead of using any mathematical formulation, we can simply use reasoning to understand the situation. We can derive the outcome of a pure capitalistic society base on two laws of capitalism. First, a much larger number of the poor must exist to support few of the rich. Second, the rich get richer and the poor get poorer in a capitalistic society. By examining these two laws, do you recognize an inherent dilemma for the rich?

If the poor is getting poorer, it reaches a point where the poor can no longer survive. When the poor die off, there are less poor in the population to support the rich so the rich must become poorer. At this point, suppressing the poor no longer makes sense. In order for the rich to stay rich is by sustaining the poor, this therefore makes more riches out of the poor. As a result, there are now even more riches while less poor. This only makes the situation worse for the rich. This interaction will continue until the breaking point where revolution becomes inevitable.

Currently we are in a point where America is running out of the poor population. The labor for Americans are simply too expensive. This is why the big companies are searching for a new poor population outside of the country, namely in China, Africa, and South America. In order to sustain American's affluent lifestyle, citizens of other countries must be oppressed.

Although our government does not run purely on philosophy of capitalism, our nation is still experiencing what Karl Marx had predicted in his communist manifesto²⁴. A capitalistic society simply cannot sustain itself because it is a system based upon subjugation of another group. It is only inevitable that the oppressed will fight back one day.

Does this mean that communism is a better system? No. It is observable that communism so far has failed to reach the promised it had given. The system itself breeds idleness and laziness since the system does not provide motivations to innovate. It is likely that the glamour of capitalism will change communism one way or another.

*Animal farm*²⁵

From understanding the pros and the cons with both systems, perhaps a better governmental system would be the combination of the two systems. Perhaps the government should set itself up to support everybody's basic needs (food, shelter, education) while letting the commerce control the rest. The topic on a new governmental system is beyond the scope of this book. I will cover it in the second book.

At this point, it must be pointed out that concepts such as individualism, capitalism, communism, are neither good nor bad. They are simply idea, and tools to solve problems, **not a way of life to always live by**. Everybody is always looking for a simple rule of thumb to live by when life does not work this way. You cannot use a knife to scoop soup nor use a spoon to cut bread. When you use a tool for the wrong purpose, you will not get the result you expected. The key is to understand the tools and how they apply to different situations.

So far, we have seen how individualism has affected us in education, politics, and economics, but there is one more major impact that is much more personal. It affects the dynamics of your family.

²⁴ This book is the foundation for communism.

²⁵ If you are interested in this topic, check out this book.

The time during the great Industrial Revolution was also a time that shifted the structure of our family. Along with individualism, the concept of a nuclear family away from the relatives made sense in terms of freedom. Expectantly, this shift made family life more difficult because parents now have to do everything alone without the kin, and the friends in the village. On the farm having many children meant having more hands to help with work; but in the city more children meant more mouths to feed, and more crowding in the tenements. As a result, the industrial revolution and the city life helped to transform American family from an extended structure to a more nuclear.

This shift of a family structure has an enormous implication in our culture. First, when people used to live in small villages, family life was mostly conducted in public together with all the relatives. When the family life is visible to everybody, spouse abuse and child abuse decreases dramatically. One example is the family life style in Micronesia. Micronesia is a collection of islands in the southwest of the Pacific Ocean. Caregivers who turn abusive against other family members are extremely rare in this society. The family life takes place in the open. This way, relatives and neighbors who witness angry outbursts can step in before the emotion gets out of control. In a nuclear family structure, it is virtually impossible to stop domestic violence if the man chooses to become violent.

Another side effect of a nuclear family structure is the increase in the reliance of your spouse. This is especially the case for women since the responsibility of raising the children tends to fall onto their shoulders. In the past with extended families, the wife normally becomes an extension to the husband's family. The entire family is living under the same roof. It was virtually impossible for the husband to pack up the bags and leave unless he wants to leave the whole family all together. With a nuclear family, very little impediment is there to discourage the husband to leave besides the sense of responsibility. With the pervasiveness of individualism, personal pursuit of happiness often becomes a priority over maintaining the difficult family life.

Because of the possible consequences for women, the concept of marriage becomes a much more dangerous union. As a result, the expectation for marriage increased exponentially. Unlike the past where friends and family are always nearby for support, within a nuclear family structure, the spouse must take over the entire responsibility in taking care of the other. These expectations put a heavy pressure on the spouse as well as family responsibility.

These factors even effect women’s selection of men. Women tend to look for men that are willing to settle down to take family responsibility. Along with the increase of expectation, came the increase of disappointments. Women in our society faced possible uncontrollable domestic violence as well as irresponsible men. With extended family, women children are almost always taken cared of, but the change into the nuclear structure made the consequences of marriage much more severe. It is the structure of the society made women’s lives much more difficult. The structure of the society itself hence became an injustice to women.

At the face of injustice, sooner or later a counter balance will always surface. The popularization of feminism swept the United States during this time period and made feminism a political correctness. The invention of condoms gave women unprecedented power over men. For the first time, women can almost enjoy sex without consequences similar to men.

With a change of consciousness, divorce increased in America.

Year	1890	1910	1930	1950	1960	1970	1980	1987
Ratio of divorce	1:17	1:11	1:5	1:4.3	1:3.8	1:3	1:2	1:2

I am saying that feminism is correlated to the increase of divorce but certainly not the only cause. It is the concept of individualism over unity that breaks people up. Although the concept of feminism is commendable, like any other belief system, it can only be treated as a tool, not a permanent way. Like any other philosophy, the premise of feminism is just as prone to misinterpretation. There will always be extremists that take one philosophy too far. At that point, not only does feminism lose its meaning, it loses its sight on the ultimate goal.

While we are on the topic of women, individualism also has affected women in other profound ways. In a world of individualism, it is a world of the survival of the fittest. This concept goes along with beauty and women as well. Never has United States been so obsessed with being beautiful. This is called the beauty myth.

"The more legal and material hindrances women have broken through, the more strictly and heavily and cruelly images of female beauty have come to weigh upon us...During the past decade, women breached the power structure; meanwhile, eating disorders rose exponentially and cosmetic surgery became the fastest-growing specialty...pornography became the main media category, ahead of legitimate films and records combined, and thirty-three thousand American women told researchers that they would rather lose ten to fifteen pounds than achieve any other goal...More women have more money and power and scope and legal recognition than we have ever had before; but in terms of how we feel about ourselves physically, we may actually be worse off than our unliberated grandmothers."

Naomi Wolf

Young women would put pictures of other women from magazines on their walls as role models. There are children as young as five that decides losing weight is extremely important. Not only are women victims of the myth, men also buy into system by putting emphasis on beauty. The fat and the ugly girls rarely have the first pick on boys. This is obviously observable within our society. Young girls that are less than “perfect” learn to grow up with low self-esteem. Since so much emphasis is placed on beauty, not being beautiful is often equated with not having self worth. Even beautiful young girls would have self-esteem issues because they are constantly compared to the unrealistic models in magazines. Having a low self-esteem became a nation problem in America. Without a sense of self worth, depression is often the result. We are teaching our children in school how to build radars, and become doctors, but we neglect to teach our children the illusions we see everyday. People might become rich and have lots of money, but in the end, are we really better off?

It is time for us to realize the people in the magazines are not real. I will personally show you the difference. What you see in the magazines is an illusion.

I look like the first picture most of the time but when I was modeling, I all of the sudden looked like the last couple picture. You see, I want to show the contrast to demonstrate that beauty is nothing but an illusion of the perception. What you see inside is the true person.

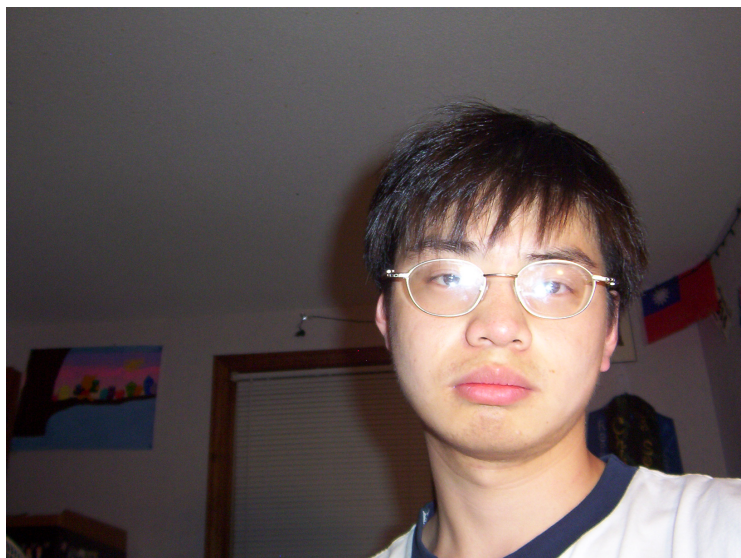


Figure 1: The normal me.



Figure 2: The normal me.



Figure 3: The not so normal me.

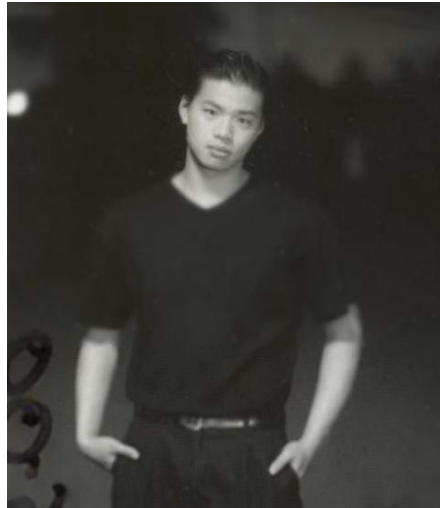


Figure 4,5: The not so normal me.

I have not changed from the first picture to the last picture. I am still me. If you prick me, I would still bleed even if I am called beautiful. If you break my heart, I will still cry even if I am what they called ugly. And if you make love to me, I will still feel you no matter what people called me.

You see the modeling business is not what most people imagine. Many women have low self-esteems, eating disorders, suicidal lifestyles. What you see in the magazines is not what many of them really look like. They have been airbrushed and covered by so much makeup that they look nothing like the real person. The entire industry is based upon putting on a mask.

It is time for us to realize this. We have been looking at fake people in magazines for too long. To make the matter worse, we try to be like them. We are trying to be something that we are not; this is the biggest mistake anybody can make.

Do you see? You are beautiful. You are beautiful just being your. You are wonderfully you. You are perfectly you. Nobody else can be more perfect in being you than you. Why would you go be someone else when you are already perfect? If you see what I see, you would realize how beautiful and perfect you are. How beautiful everything really is.

Instead of seeing each other as an enemy, and a potential competitor; we need to realize that everybody is really no different from us. They are just trying to get a fair chance in life, they just want to be happy, be loved, and be great. Darwin's idea leads us to exclude the idea that multiple people can be great, only one must be the greatest. But this is not true; many people can be great at the same time without putting down each other. We don't have to put down others to look better.

In this chapter, we have discussed how the concept of individualism has affected our society. This is interconnected with the concept of love. If a person's concentration is to see everybody as one, the society will benefit out of unconditional love. But if a person's concentrate on the physical self, this becomes a destructive form of love. If individualism becomes a lifestyle, a culture of a civilization, the foundation of the society is therefore based upon a love that is selfish.

Chapter 15

Transcend

The ring of enlightenment

看破
隨緣 正覺
慈悲 放下
平等 自在
真誠 清淨

看破

What is enlightenment? Most people see enlightenment as something esoteric that is reserved only for the geniuses. This is a common misconception because enlightenment is happening to every one of us every day. Every time you get a joke, see something cool, or feel something different, understand a new concept, you are experiencing enlightenment. From each one of these examples, you are essentially seeing what you did not see before. This is called a change of perspective; you are looking at the same things from a different view. The act of changing your perspective is enlightenment itself.

Therefore the ultimate goal in enlightenment is to see *all* perspectives. When you have the ability to see the same situation through *everyone's* eyes, this is when there cannot be anymore misunderstanding between you and another. When you see the perspectives of other, you will understand the reasoning behind even unreasonable actions.

The Chinese symbol 看破 means to “see through.” The purpose of enlightenment is to see through all misunderstandings and confusions. When you hear a joke, the moment you laugh is also the moment you see through the joke. You have understood the meaning behind the joke and therefore you laugh. The moment you laugh is the feeling of enlightenment. When you are emotionally hurt, the goal is to see through the reasoning behind your suffering. By seeing the reason behind different events, it no longer makes sense to feel what everybody else would feel. It no longer makes sense to follow the crowd. You are enlightened. In this sense the concept of enlightenment is not the least bit esoteric. It relates to every passing moment of your life.

正覺

It is once you have understood and see through the situation, will you have full knowledge to choose how you feel. This is when you no longer remain a puppet of random emotions. Your emotions are no longer controlled by random events that are happening to you.

Since you realize that you have the option to choose how you feel at any time, it only makes sense to feel happy. Although this concept is ridiculously simply, there are countless people that choose to be unhappy. They want to be angry over the spilled coffee in the car. They choose to be depressed over getting fired. They choose to be hateful over a cheating spouse. They choose to be sad when a loved one dies.

I have purposely written down the extreme examples to point out what “seeing through” entails. Almost every reader will find the previous paragraph absurd. Some readers might even choose to be angry at me. How can one not be sad over death of a loved one? How can anyone not be hurt over a cheating spouse? The answer is simple, once you have understood the reason behind death, and the cheating of your spouse; you will no longer be hurt or sad. You simply don’t understand and therefore you feel how you were taught to feel.

The meaning of 正覺 is to feel correctly. This could only be accomplished if you have 看破 the situation. Without understanding the situation fully, your feelings become nothing but illusions because you are not assessing the situation correctly. Luckily there are not too many feelings to choose from to always 正覺. As a matter of fact, there is only one feeling that is always the correct feeling and the right assessment, **happiness**. When you have fully understood the situation, no matter how bleak it may appear, you will **always** inevitably come to the conclusion of happiness. The feeling of happiness, thankfulness, love, they are all the same. This is how you will feel once you have see through the confusion. It becomes a moment of enlightenment, just like getting a joke; you will laugh and be joyous.

放下

When a person chooses to be unhappy, it is then obvious that they still have not learned that emotions are choices. This is because people are not willing to let go the negative feelings and see the reasoning behind the situation. These negative feelings are extremely detrimental to our physical and mental health.

It maybe seem easy for me to say see though is the way, but I know how seemingly impossible it is to understand the meaning behind the entire universe. If seeing through the confusion is difficult, the next best thing I preach is the concept of letting go. This is another simply and yet profound concept. You might not always understand the meaning behind everything, but if you are willing to let things go, you will be much better off. You don't have to always get the last sentence in. You don't have to carry the pain you have hold onto your entire life. You don't have to hold onto fear while living. When you are willing to let things go, people, place, things, ideas, you are letting your self be a third person observer. By becoming an observer of the even instead of a participant, you are more capable of seeing the entire situation instead of seeing only through your eyes.

When you are willing to let go of your fear and pride, wars can be prevented. Even if your loved one died, you know that they would not wish to see you suffer so much over their death. When you are willing to let go, your loved one will see your smile in heaven instead of your tears. 放下 is the Chinese symbol for letting go. It means to put down your pride, anger, and fear. When you are willing to put down and aside whatever you are holding onto so dearly; you naturally reach enlightenment because your actions only follow who you are.

自在

It is when you are able to let go, you will be the true you without outside influences. There are times that you let a certain situation affect you. You deep down inside know that you are bigger than getting upset so easily. This is your voice telling you who you are. The true you do not get upset, do not get angry, is always in control and is always happy. When you have total control of your emotion, this is when you can be the true you. This is the meaning of 自在.

In Chinese the word 自 means the self while the word 在 means the existence of something. So together 自在 refers to the concept of you being you. It means that you exist. If you are not being you, but being what the society tells you who you are, you do not exist. You do not exist because you are not being you. If no body is being you even you, 自在 cannot be established.

清淨

Who you are is the highest form of you which you can be. You are the love that people search for, the forgiveness that people need, the happiness that people want, and the hope that lights darkness with light. You are pure and you are in peace. Unless you are willing to let go what is not pure and what is negative within you, you cannot be the pure you. You cannot be in peace if you hold onto the turmoil within your heart.

It is when you are willing to let go and see through the confusions of the world, you reach inner peace. When you have reached a point of inner clarity you have reached a heart, mind and soul of 清淨.

清 is a very meaningful word in Chinese. Imagine a dirty window which you cannot see through. This describes the state of a confused person.

The person clearly cannot see what is behind the window because the transparent glass is being covered. But when you clean the window, the glass once again becomes clear. The glass therefore is now 清. This means that all confused as been taken away because what was covering the truth has been cleaned. The word 清 means clean and clear which describes the mind of the real you.

The second word 淨 also means clean but in a peaceful way. While 清 means clean is a transparent way, 淨 is the peacefulness of a clean room. Together 清淨 becomes the essence of inner peace and inner clarity. When you are willing to let go and see through the dirty window, you will realize that your heart belongs to 清淨.

真誠

When your heart becomes transparent, there will be no more reason to lie. There will be no more reason to act outside of the truth because everything about you is transparent. You are who you say you are and people will believe you. When you become transparent, you become truth itself.

真誠 means sincerity. When you have reached inner peace within you, it is impossible for you not to be sincere.

平等

If everything around you is transparent. If you understand the meaning behind every action and every reaction, you will notice that everybody has a good reason for being the way they are. Once you

understand a person's motive, and the motive behind the motive, you will see that everybody is really just the same. Everybody is just trying to get a fair chance in life. No matter how evil the act may be, you will realize the reasoning behind each act. You will therefore see everything equally. You will not treat a criminal any differently from a saint. This is because everybody is the same in a different situation and a different world.

This is when the dichotomy breaks down. The high becomes the low and the low becomes the high. You will realize that everything is relative and therefore equal. This is the oneness which you will reach. Everything is but one. From this realization, judgment of the world subsides and you accept. You will accept the good and the evil, the beautiful and the ugly with open arms. There will be no more reason to pick out only the best, and wanting more. The best can only exist when the worst exist. Only through the existence of the less can more exist.

平等 is the essence of this balance. Everything is a balance and everything is an equal. There are no good or bad, situations simply become an "is".

慈悲

When everything becomes equal, there is nothing else besides treating everything equally. The action of equality means that you are the same person as the one in front of you. When you have seen that the entire universe is equal with clarity, you see the meaning of unconditional love. You will choose to love yourself, and therefore the rest of the universe.

This act of unconditional love answers the question of "to be or not to be?" When you choose not to be, you become conditional love. When you choose to be pure love, you become unconditional love itself.²⁶ This is when you reach 慈悲.

²⁶ This concept is discussed in the chapter of "what is love?"

隨緣

How is it possible to love everything in the universe unconditionally and simultaneously? Love is an intention and therefore the intention was there actions will follow. If the actions follow, all that a person can do is to act out of their intention to their surrounding. The actions can only reach the further point which a person can claim as surrounding. Therefore, by loving everything you see, you have loved the entire universe. There is no need to travel to the other side of the galaxy to love. Follow where your life leads you and love what you see and the entire universe will feel the warmth.

By unconditionally love your surrounding; it will give you inner clarity. Love will help you see through the dirty window and allow you to see through all confusions. From this point the circle is complete. The last aspect of enlightenment leads to the first aspect. This tells you that the achievement of each will lead to the rest. There is no beginning and no end because each can be its own beginning. In the end, they are all just one. If you have accomplished one and you will have accomplished the rest. This is the ring of enlightenment; it is a matter of choice.

To facilitate enlightenment, the understanding of certain knowledge can accelerate the process. This entire book is giving the knowledge for you to see this world from a different perspective, god's perspective. Let us summarize the key points of this book.

1. It all started with a single consciousness

What is consciousness? Consciousness is intention and intention is love. It has been explained in chapter 12 that everything is derived from love and therefore everything is love. This is because in order for consciousness to exist, it must have an intention. Since any form of intention has an ultimate goal of benefiting something or someone it is therefore also love. Therefore, the universal truth is that consciousness is intention, love, and life itself. God is consciousness itself.

2. You are conscious, therefore you are god

Most people spent their life thinking that god is far away from them. Some people even think that god has abandoned them. This is impossible

because their soul and god's soul is literally one. When Jesus said that god is within you, he was not joking. He was referring to the fact that you are perfection itself. You simply did not realize it.

As soon as you realize this truth, many of your fears will go away. You will realize that you are not at the mercy of an unknown force. **You are the force** and the creator of your universe, every moment of your life. Your world is constructed by your own judgment. You will reach enlightenment as soon as you stop judging everything around you. Everything around you is really just you somewhere else.

By understanding this concept, you realize that you are everything and everything is you. The concept of individualism would instantly go away. I cannot exist in we. But once we are we, we become I and this finishes the circle of god. Since I cannot exist, god does not exist. So god created us to create god. We are therefore the creator of god and god became the creator of us. The circle once again completes itself.

The phrase "I am" is the most powerful statement a person can make about themselves. As soon as you refer to yourself as being something, your actions will follow what you think the being would do. When you realize that you are god, you will act godly. There is only one question you need to answer for all that you do. What would love do now?

3. **You are god, therefore you have eternity**

The understanding of this truth eliminates the fear of death. People are convinced that they only have this one chance for life; one chance to experience and make the right decisions. This is not true. **You have eternity.** You can mess up as many times as you wish and it would not matter to god. Remember, god also has eternity.

You see, you are the energy of consciousness itself. The energy of consciousness cannot and will never die. Energy cannot be created or destroyed. Energy simply changes form. Like water in different containers, you too will become something else for eternity.

Death does not exist except in the physical world. Your loved ones never die and you will never die. There are so many people that feel as if

they are running out of time. People spent their lives searching for soul mates thinking that this is their only chance. So many people take life so serious they forget to live. People live in guilt and shame because they believe that they have messed up their only chance. None of these are true. God will forgive all your past wrongs because your past is only a blimp in eternity, only your future matters to god.

Even if you reach the highest point and became god once again. You will eventually come back and choose to be imperfect. You simply cannot be perfection without being imperfection. Just like how god cannot exist without us. You will come back to the cosmic wheel and start all over again by forgetting everything.

We are all on the path to god. It doesn't matter where you are at now because every soul was once where you are at before. It is a journey where you destination is the starting point. No one point is holier than another; this is why we are all equal. This is why judging others on a different path show only our forgetfulness. We too were once on that path. There is no point to judge, there is only love.

4. Illusions must be let go before you can live in truth

What is illusion? What is truth? Illusion is something that changes while the truth cannot be changed. For example, the fact that you think your wife is yours is an illusion. She might be *your* wife now, but she could just as well become someone else's wife later. The concept of ownership is an illusion. You do not own anything, you never do. When you buy something, you simply bought the recognition from others that you are the owner. When enough people recognize the same judgment, it becomes a truth within the illusion. Beauty is an illusion. No one person is more beautiful than another. But when enough people in the society judge one way or another, it becomes a truth within the illusion.

There are three major illusions in life, the illusion of divine dichotomy, the illusion of time, and the illusion of death. People judge what is right and wrong when it never existed. The dichotomy, the relativity was created as an illusion to define god. I have explained this in the first couple chapters. *Without the dichotomy, god cannot exist.* The illusion of time was created to justify the movement within the dichotomy. Without time, one cannot transcend from imperfection to perfection. *Without this transition,*

god cannot exist. The illusion of death creates fear. Without fear, love cannot be experienced. *Without love, god cannot exist.*

As you can see, what has happened was inevitable. What will happen is also inevitable. God must create us because we must create god.

Remember who you are

The previous 4 points are simply ways to help you accomplish your final goal. Your finally goal is to fully realize that you are indeed god. There are three levels for you to reach god. Any body can accomplish the first two stages in a single life time. It is a matter of choice. The third level will probably take many life times.

In the first stage you will stop all worries and reach nirvana. The key at this stage is to let go. You must let go of fear, greed, pride, and all other negative emotions that causes suffering. The goal in this stage is to end all your personal suffering.

In the second stage you will become unconditional love and gained the heart of god. It is at this stage you live in a world of pure love. If you remember the feeling of the first time you fall in love. This feeling is where the people in the second level live always. Instead of searching for love, they become the love that others are searching for.

In the third stage you will have the heart and the knowledge of god. You will be god because you will do what god would do. You will know and understand the entire universe.

Stage 1: Stop all worries and let go

Stage 2: Become unconditional love

Stage 3: Know and understand the entire universe

Perhaps the best analogy to describe the three levels is by looking at the moon. When you see the moon in the water, it is an illusion. Although

you may think you see the moon, when in reality nothing that you see or feel is real. This is similar to what most people see in life. How most people feel, and react are mostly functions of need. These needs cause desires that are not real. People spent their lives chasing the moon in the water when in reality they never really figured out exactly what they wanted. People spent lives chasing after illusions in the water without ever realizing that the moon is really in the sky. People that have accomplished stage one is still inside the illusion. Even though all worries are gone, the person might still not see the illusion. Any person that is always optimistic would fall into this category. When looked at the same situation, an optimistic person would call the glass half full without realizing that the glass is not even there.

The second level is like the half moon in the sky. Although it is no longer an illusion, it is none the less incomplete. This is because a person at this level may have the heart of a god, but not the knowledge. The third level is the full moon when the heart and the knowledge are combined.

Although it is your journey to reach the enlightenment, I will give you some instructions on what has helped me during the growth.

Stage 1:

Memorize this and repeat to yourself every time you feel bad, hurt, angry, or sad,

I cannot be offended, I cannot be injured, I cannot be angered because none of these are real. I am god and I have eternity.

You will have completed this level if you see everything in life as positive and stop all your worries.

Stage 2:

Memorize this and repeat it to yourself always in the back of your mind.

When I see hunger, give food. When I see fear, give comfort. When I see darkness, give light. When I see illusions, give truth. When I see conditional love, be unconditional love. When the whole world hates

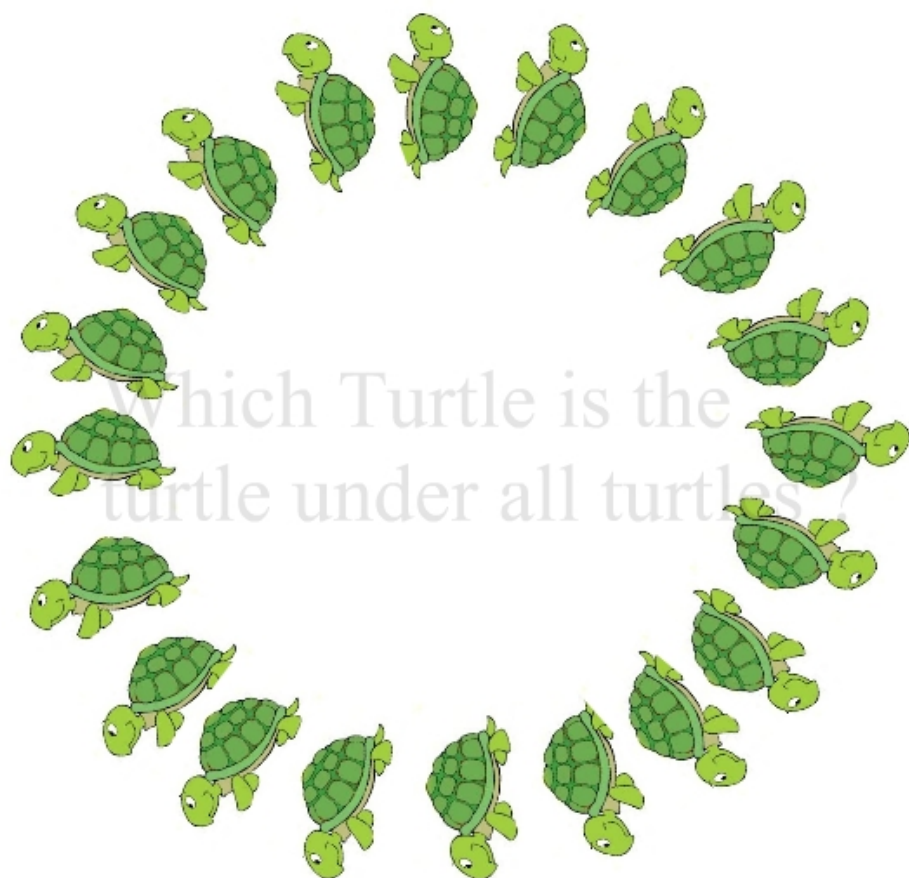
someone, I choose to love. When the whole world hurts someone, I choose to heal. And when I see the whole world judging someone, I choose to accept. Speak softly, act sweetly, and praise lavishly. Tell people they are perfect in my eyes. Tell someone that they are beautiful when the whole world calls them ugly. Be the comfort, light, and the truth. With pure love, I will gather love from the entire universe to move mountains, solve hunger, and stop all suffering. I will live under these intentions and become unconditional love itself

Stage 3:

The only way to be god is to *be* god. You must know what god knows, act how god would act, understand how god would understand, and feel how god would feel. This might sound impossible, but don't worry, you have eternity to do this.

Chapter 16

Where did god come from?



You might think this picture is a joke, or you might think this picture is a riddle, but it is neither. It is geometry.

For the students that have studied topology, I will use a quick answer. God is in a world shaped like a donut, without a beginning and an end. God gave birth to god which gave birth to god until eventually god gave birth to itself. You see, god created you, but your thoughts and experiences creates god. This is how the circle completes itself. God is creating what is creating god. You see, you are part of the ring. Without you, nothing could give birth to god. Without god, nothing can give birth to you. You are creating god every moment of your life. This is why your life is so precious to god.

Without a topology background, it is the simplest to see it in a logical way. I have explained how time and space can bend which creates the illusions we see. With the caveman example, the bending of the cave caused the illusion of the attraction towards the wall. The bending of our space gives the illusion of gravity. The bending of time is the key to understand where god came from. Imagine a time that is not going straight. If the angle of the bending is a constant, time itself becomes a circle. If time bends in a circle, your great grandson will give birth to your great grandfather. There is no beginning and there is no end. God is god, and god is the ring itself. This is why god is the alpha and the omega.

We have been through a very exciting journey in this book. We have found the meaning of life and answered the question of to be or not to be. So many people in the world are searching for something. The purpose of this book is to tell you to stop the search. You are searching only because you are not what you are searching for. Be what you are searching for and your search will end.

The beginning and the end

My story

How do I know all these? Is it true? These are the most common questions that people have once they read my book.

My story started when I was in high school. I fell in love with a popular girl that was dating the captain of the football team. It might seem absurd now, but the reason for this love at the time was her beauty. When I looked into her eyes, the world disappeared. It was a feeling I wanted to keep forever. I thought the feelings I felt was love and I was determined to make her fall in love with me. This started my journey into the research of psychology. I became obsessed with understanding the minds of people. I thought that if I could control her mind she would have fallen in love with me.

As the years gone by, I graduated high school without ever dating her. But I continued my research believing that one day I shall return to find her.

From my research, I learned how to read people's emotions through every single gesture. I learned how to interpret a blink of an eye, the position of the body, and even through the scent of the perfume. It was at this point, I realize that the world is constantly giving us infinite knowledge. You can tell a person's

past by a simple conversation. From an apparently normally conversation, I would hear the hidden anguish, pain, and insecurity from their haunted past.

Next, I learned how to control certain people's feelings and minds by reconstructing and destroying premises. By knowing a person's past, you can statistically predict a person's future. By playing with the premises and assumptions, you can statistically control the future of others. All these became crystal clear to me. People's feelings are nothing but illusions induced by the surrounding. The way most people feel is controlled mostly by what is happening to them. To test my theories, I used lies to reconstruct people's world. My theory was correct.

It was my junior year when my ability was fully tested. I felt so powerful. I felt as if I was the mutant in the book "The foundation" by Isaac Asimov. My entire life has been living under a deep anger. I hated the world for not understanding me and accepting me. Although on the outside nobody would ever know my feelings, but my heart was filled with a sense of revenge. I wanted to hurt people and I did. I have lied to, cheated, and hurt many people.

It was at that time I met someone that changed my life forever. Her name was Cristina and I fell so deeply in love with her. I was willing to give up everything I had. She was a foreign student from Spain and for once I found the feeling of love I have been searching for. It was ironic how I learned the theories to

control other's emotion and yet I had no control over mine.

She had a fiancé at the time, but that did not stop me. After all, I finally have the power to control someone's mind. It was a power I wish I had during high school. It was almost as if I had the chance to reenact my high school experience. I abused the power and made her leave her fiancé for me.

I was happy for a brief moment until the realization that I was lying to myself. She was not in love with me. She was in love with the person in her mind and the illusion I have created. This whole thing was just a big illusion that even I as the creator refused to acknowledge. I simply learned how to control it. I felt like a fool. Controlling people's minds no longer makes any sense. Everything I have worked for was for nothing.

Her fiancé found out about her sudden change in Spain and decided to fly to America immediately. He was willing to do anything to get her back. I knew he loved her more than I ever would. And deep down inside, I knew she loved him too. When the fiancé showed up in America, she naturally became confused. It was his last desperate attempt to get her back. I will always remember the night I made the decision. The streets were lit by joyful Christmas lights and the night was covered by interminable rain. We were both soaked staring at each other. I told her that I would love her till the day I die and that she should forget about me.

I ran away.

I felt as if I have been running away my whole life. I wasn't even sure what exactly I was running away from. So I ran to Spain. Christina and her fiancé were in America, but I was in Spain. I guess it was metaphorically as far as possible.

When I lived in Spain, I went on a pilgrimage to the city of Santiago by myself. It was then I finally had the courage to face the illusions of my life. I have been living under an illusion just like everybody else; every feeling and every thought I ever had was fake. They were all simply results of what was happening to me.

For a long time, I asked myself the question, "If everything is an illusion what is true?" In the end, I came to the conclusion that consciousness itself is the only thing that could exist outside of illusions. Therefore, consciousness is the only truth. Consciousness is the essence of intention, and intention is love. In life, therefore, consciousness, intention, and love are the only constant. They exist as one entity and cannot be separated.

We can create illusions that cause different intentions, but intention itself must exist first. Consciousness can exist without the illusion while the illusion cannot exist without the consciousness. If consciousness is the constant, intention must also be the

constant, and therefore love falls into that group as well. Consciousness is intention and is love. This is the only truth in this entire universe.

This concept might seem either extremely simple or difficult; it does have a very profound implication. The entire concept of life can be changed in a blink of an eye. When you blink, if you see the same thing from a different angle, this is what I end up seeing all the time.

From this realization everything became clear. The meaning of life is to remember who we are, however we choose to accomplish it. This is the meaning of life because there is nothing else better to do. Everything else is an illusion. The act of staying in the illusion once you have realized the illusion makes no sense. Once you have stepped outside of the illusion, it is not likely that you will go back in. So the *only* alternative is to follow the ultimate truth. You are your creator and creation itself must be derived from an intention. You are therefore pure love.

This is when I started seeing the structure of the entire universe in my head. I started asking myself questions and the answer would sometimes come. Answers will tell me where to search for more questions. From the questions, I saw more answers. The purpose of this book is to write down what I see in my head. I am not ruling out the possibility that I am mad. So to answer the question if everything I said in the book is true. I have no clue. I have already explained that the law

of engineering prevents me from telling the truth. Since the truth lying in the continuous world while the book was written in digitized English. It is never exactly the truth. I guess this is ten points for Heisenberg's uncertainty principle.

As for me, it doesn't matter if what I see is true. Even if it is just another beautiful illusion, I am forever happy in my world. A happy life like this is worth living for. A happy life like this is worth dying for. As long as I am happy, I will die happy thinking that I see the truth.

The truth is that
I love you

Chieh Wu
Aug/5/2005

